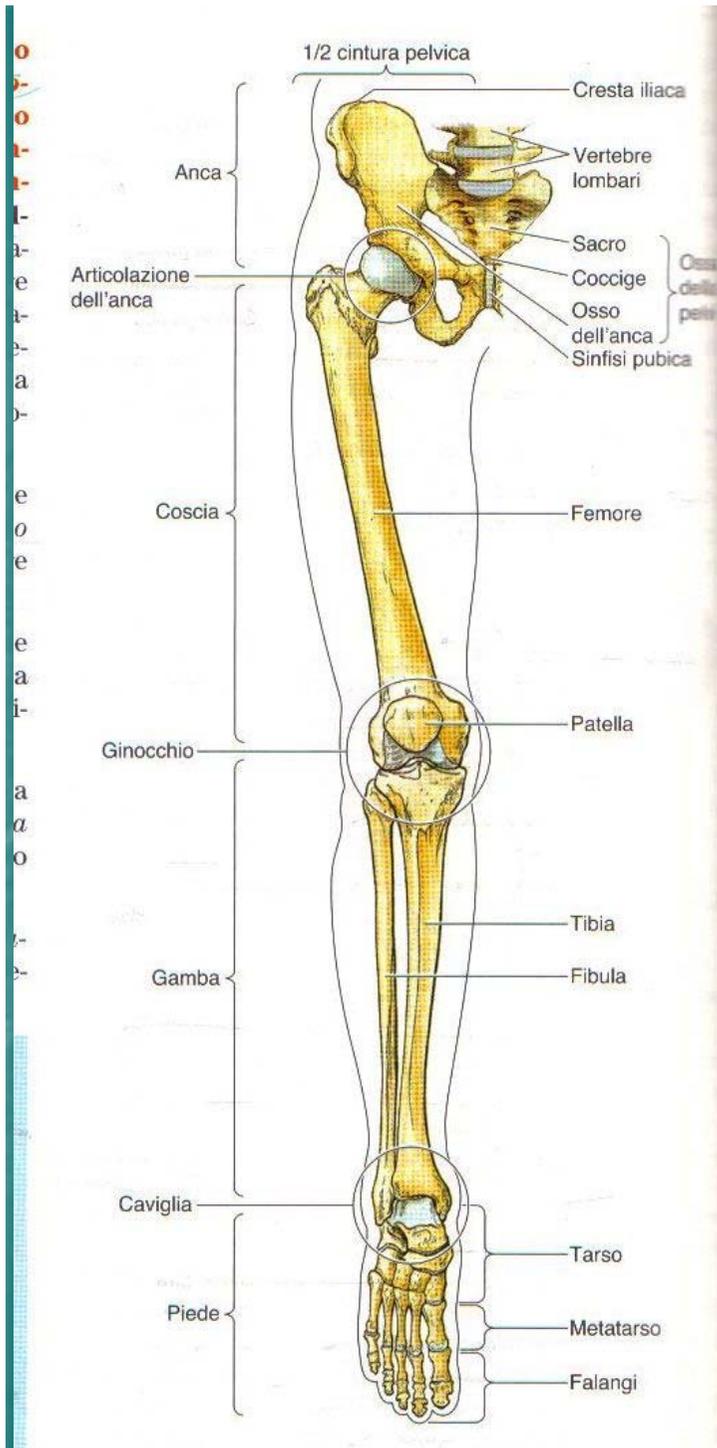


Arto inferiore

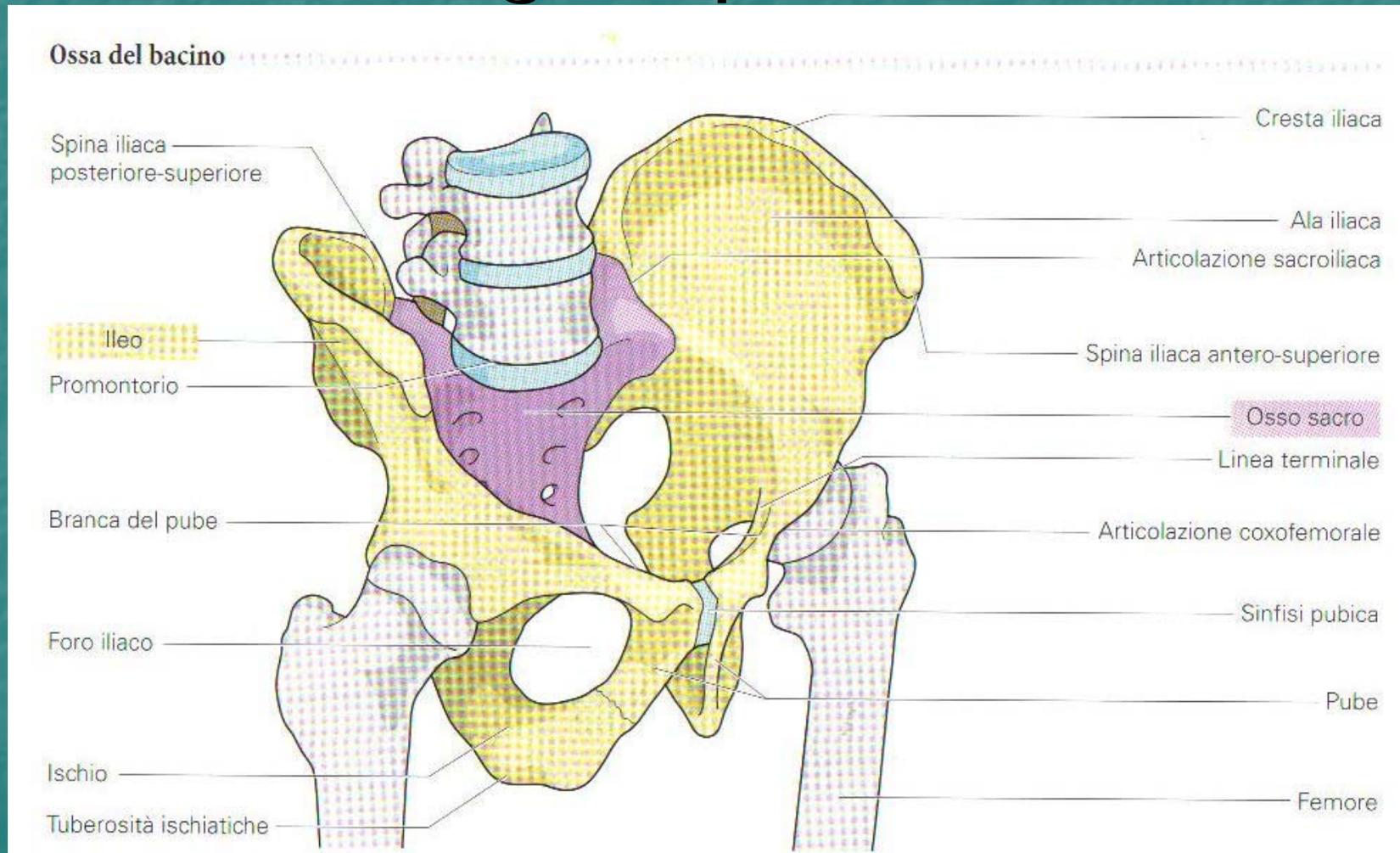
WWW.FISIOKINESITERAPIA.BIZ



Arto inferiore

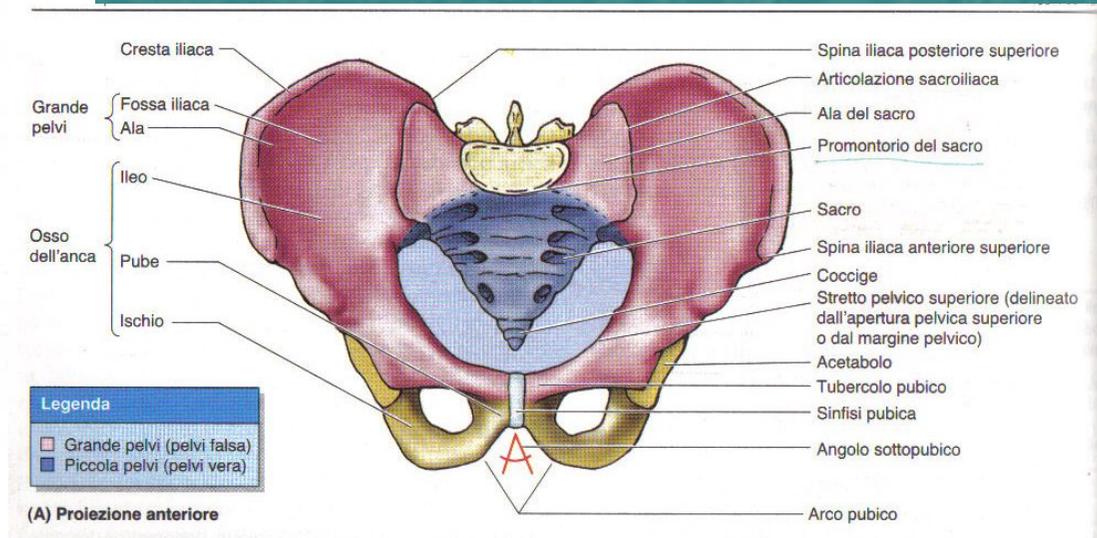
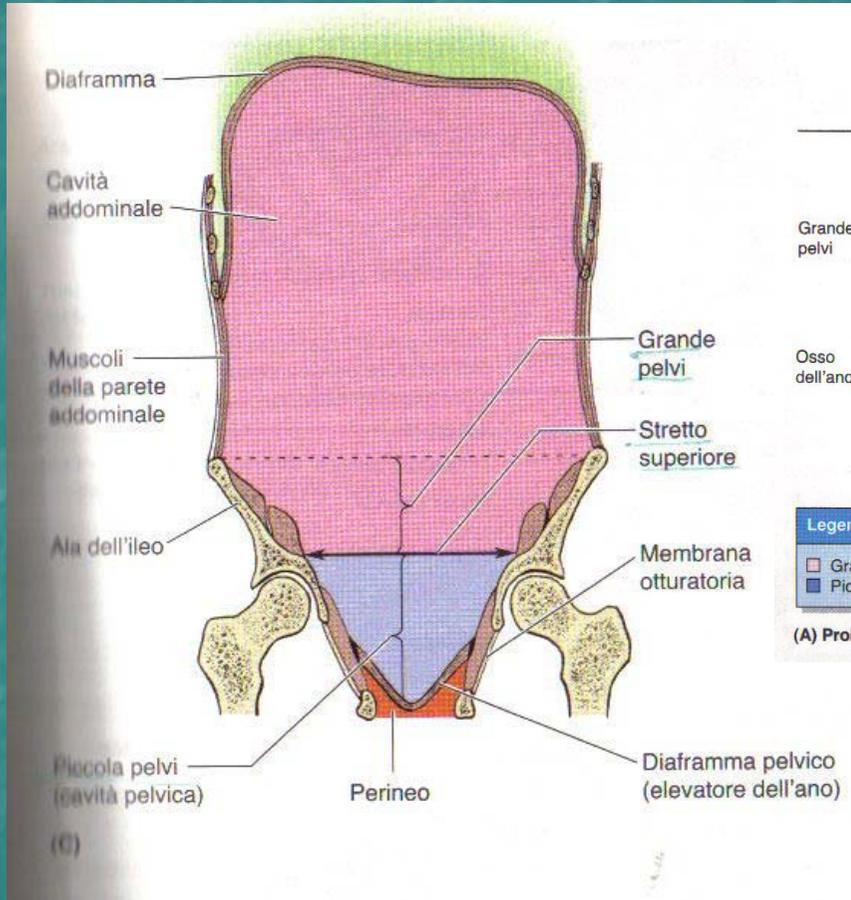
- Cingolo pelvico
- Coscia
- Gamba
- piede

Cingolo pelvico



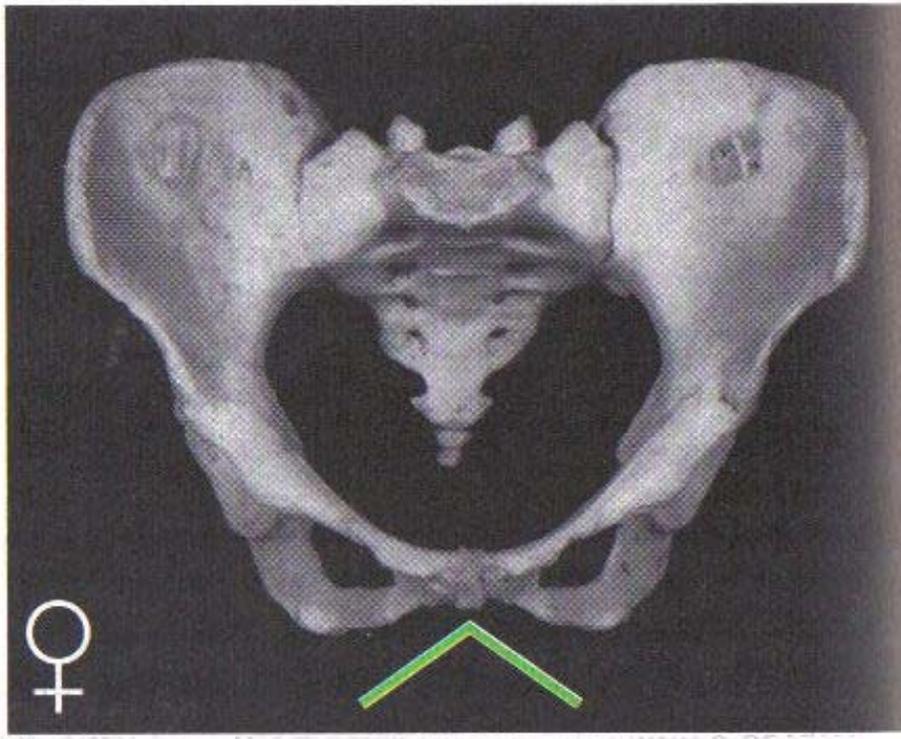
Bacino o pelvi

Pelvi

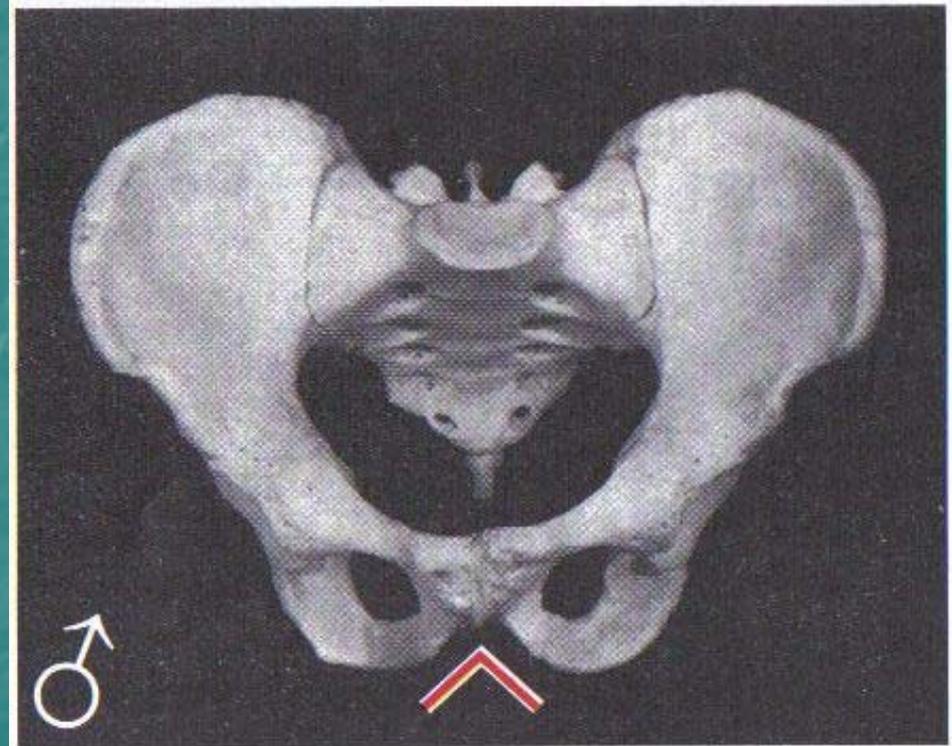


| Legenda | |
|---|----------------------------|
| | Grande pelvi (pelvi falsa) |
| | Piccola pelvi (pelvi vera) |

Pelvi ♂/♀



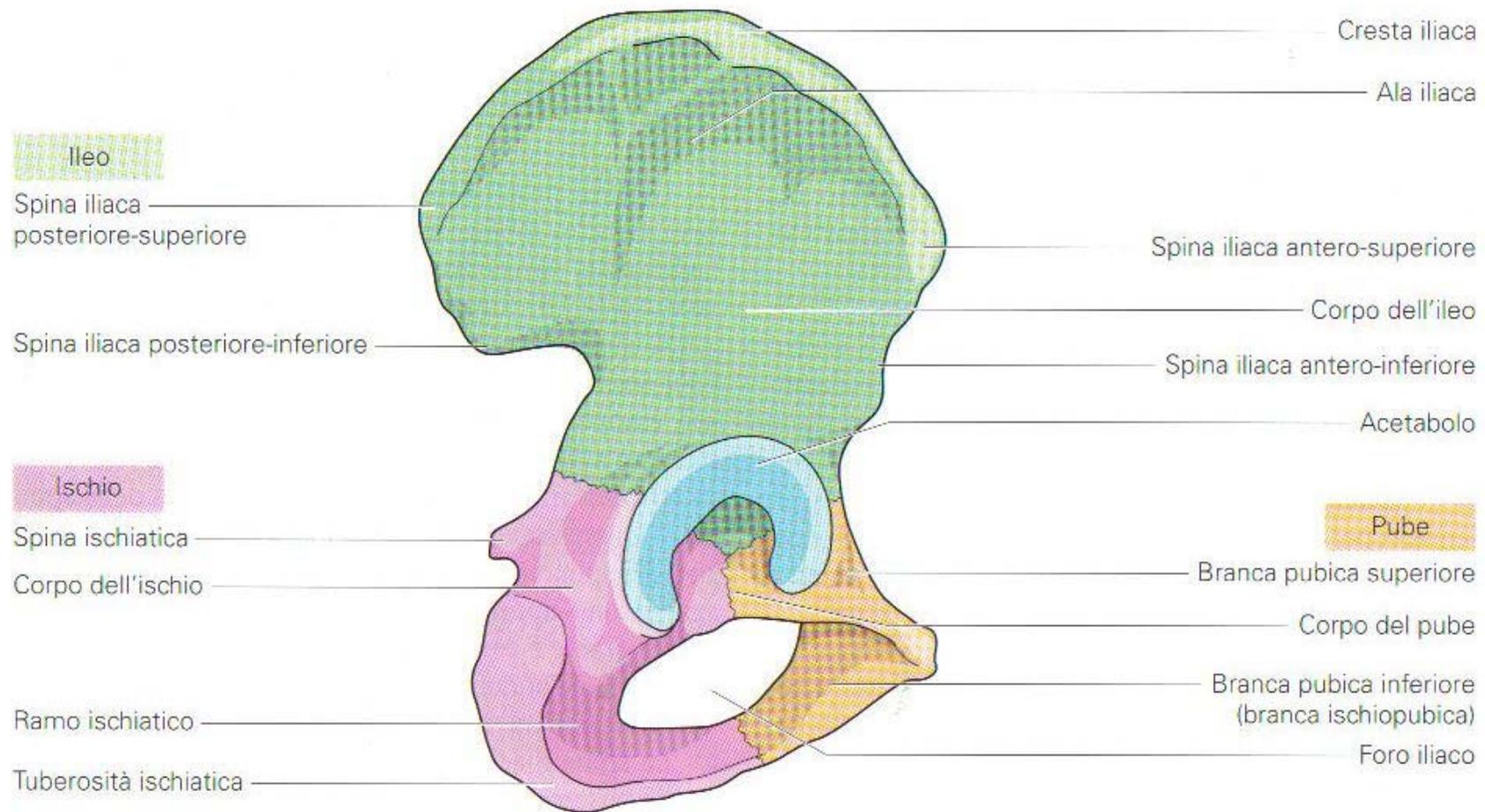
ginoide



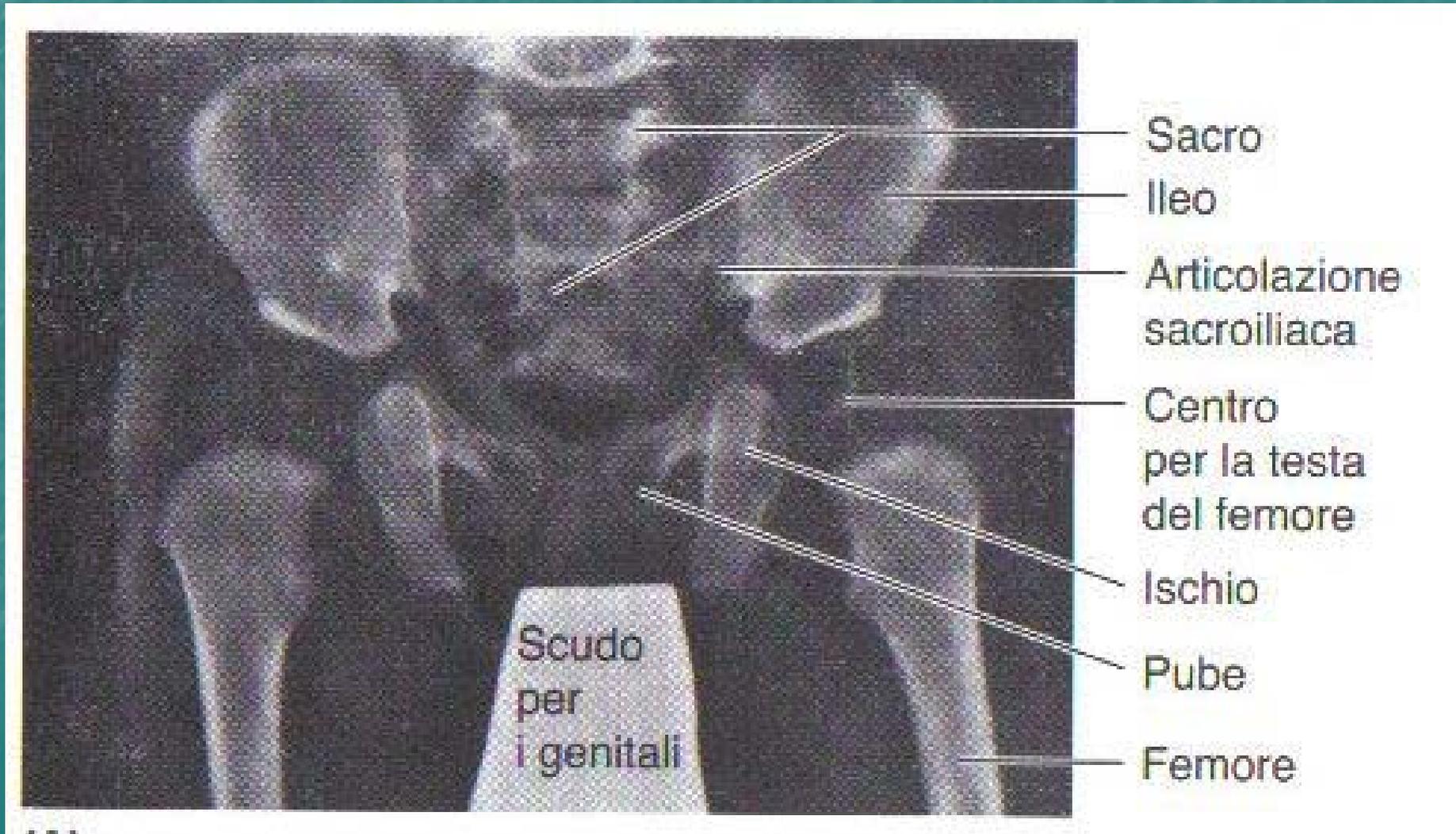
androide

Anca

Osso dell'anca destro (faccia esterna)



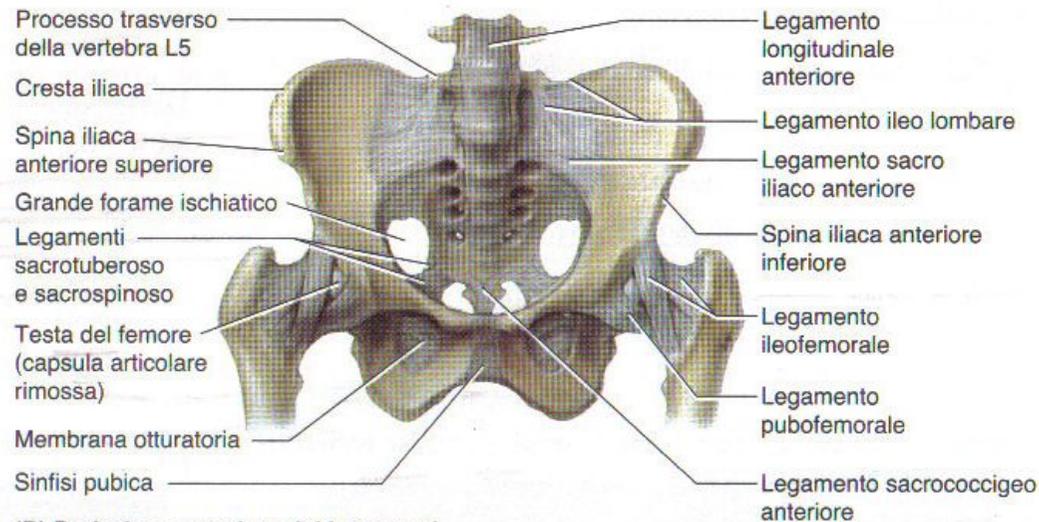
Anca



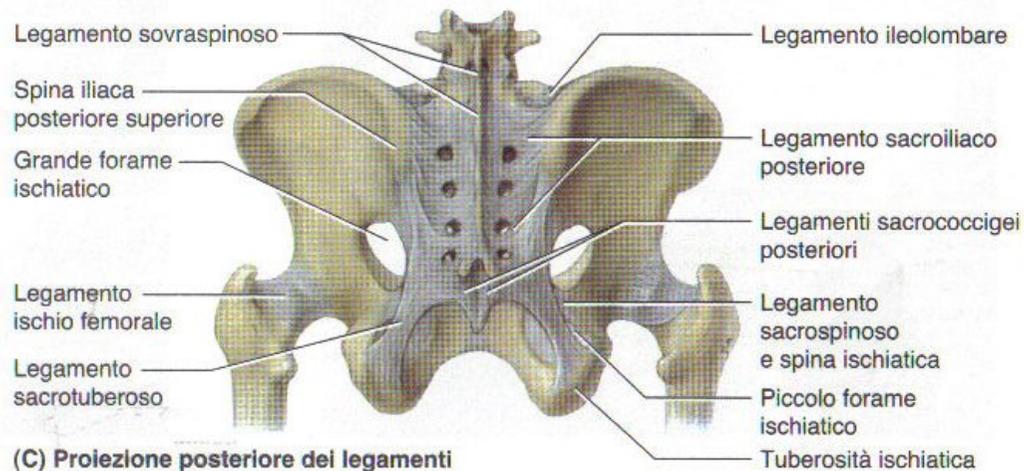
Articolazioni della pelvi

- Sacroiliaca (artrodia)
- Sinfisi pubica (sinfisi)
- Sacrococcigea (sinfisi)

Articolazioni della pelvi

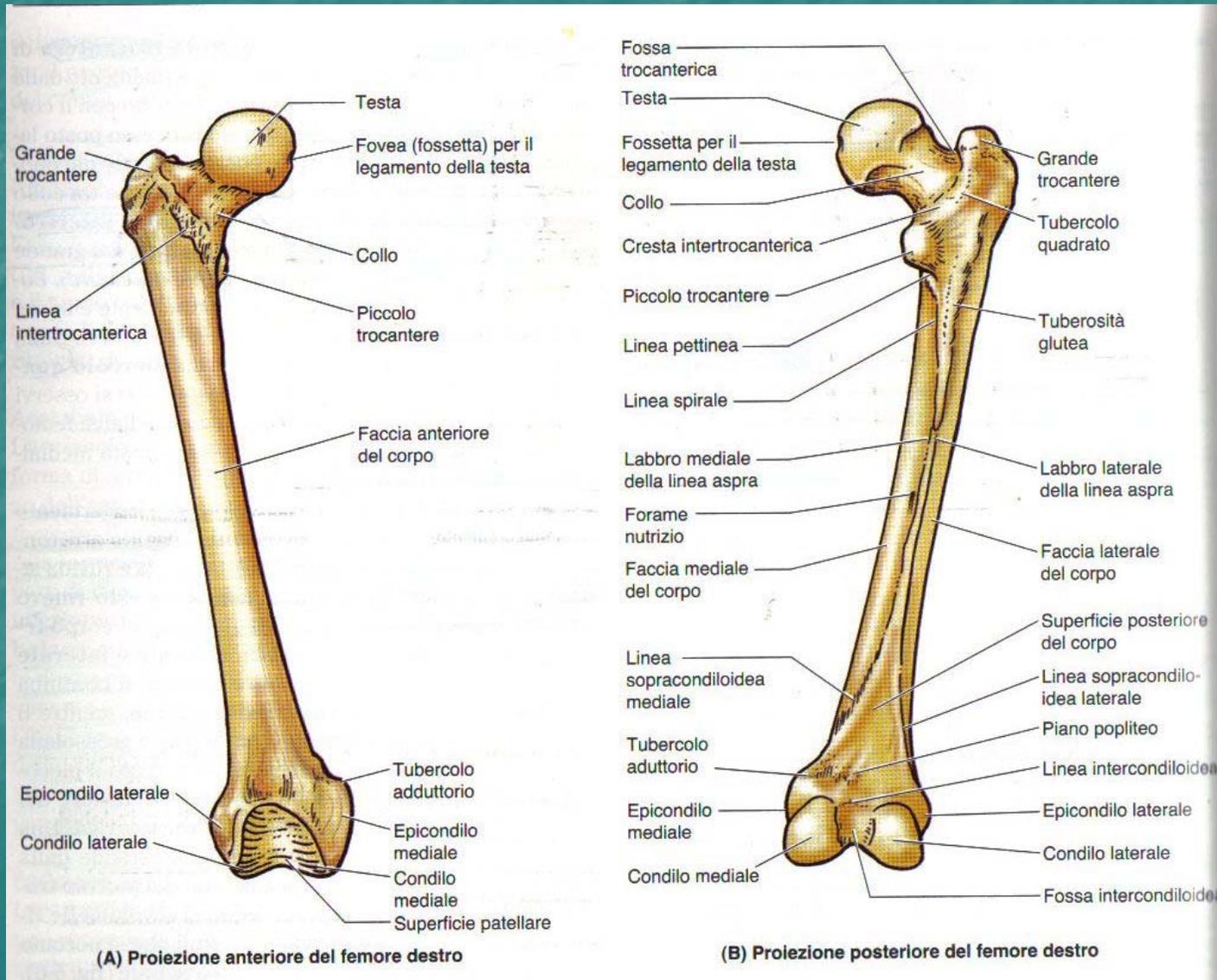


(B) Proiezione anteriore dei legamenti

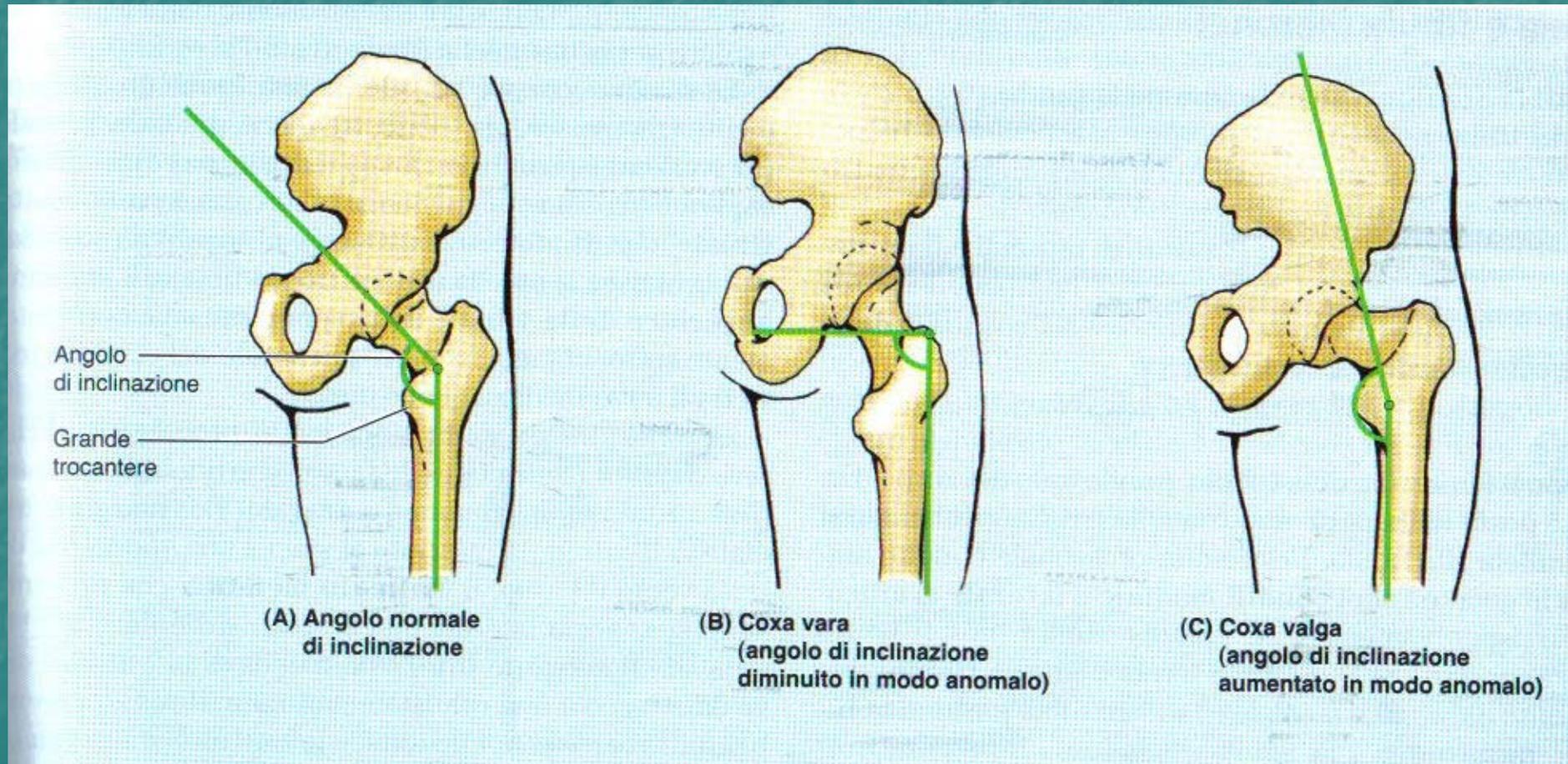


(C) Proiezione posteriore dei legamenti

Femore



Angolo cervico-diafisario

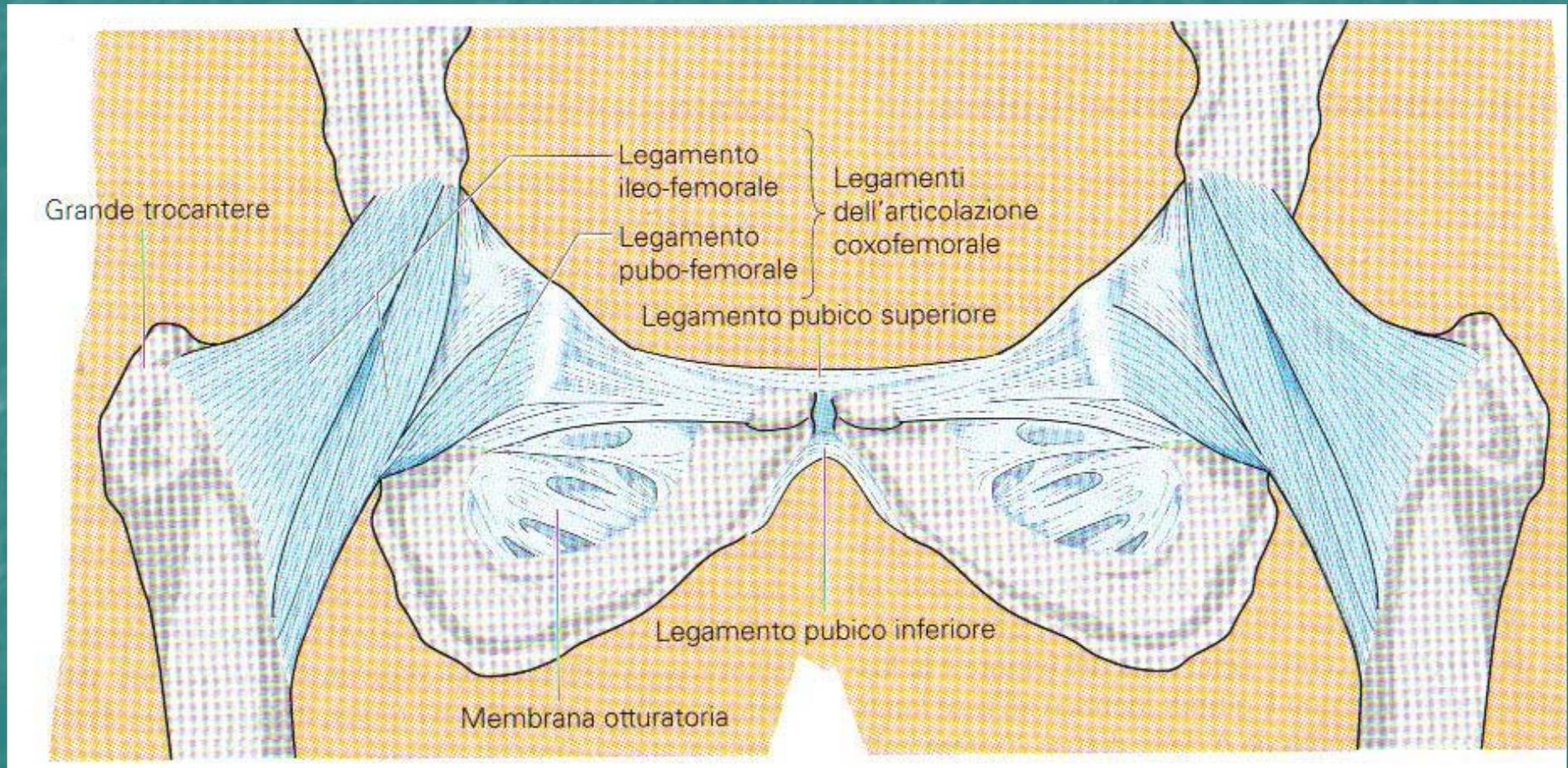


125°

<<125°

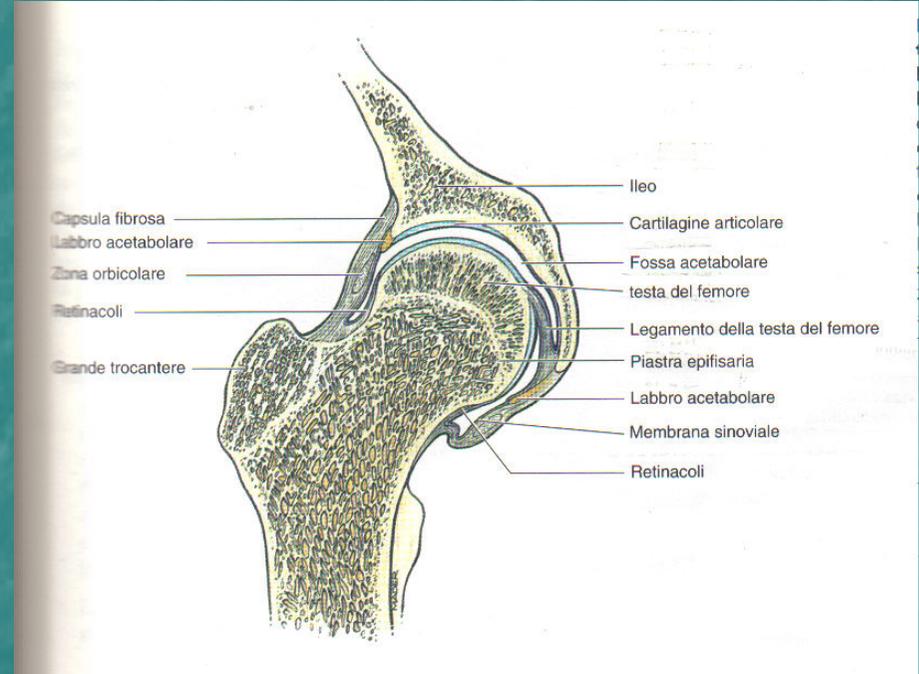
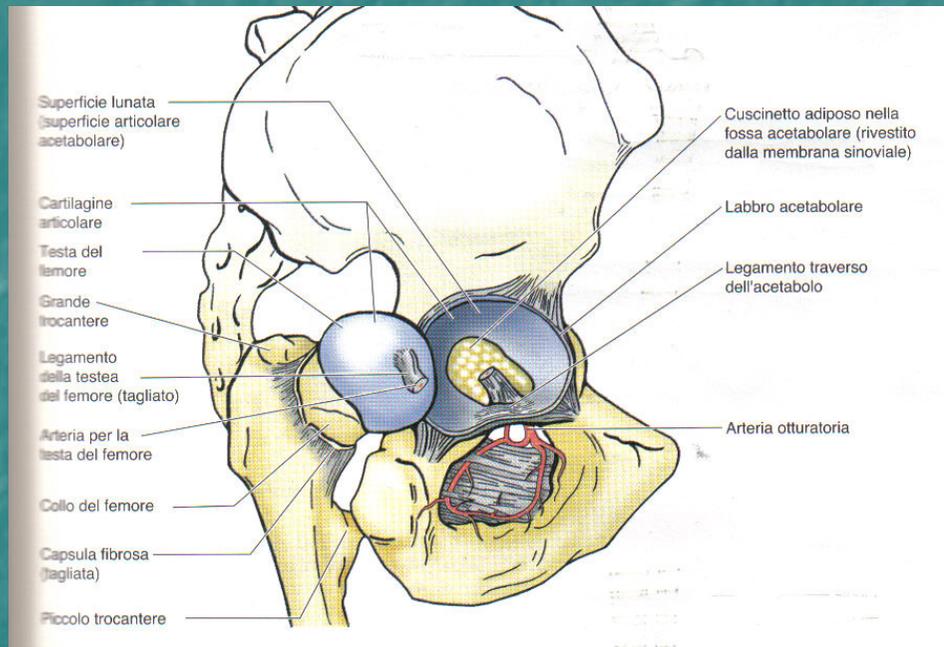
>>125°

Articolazione coxo-femorale

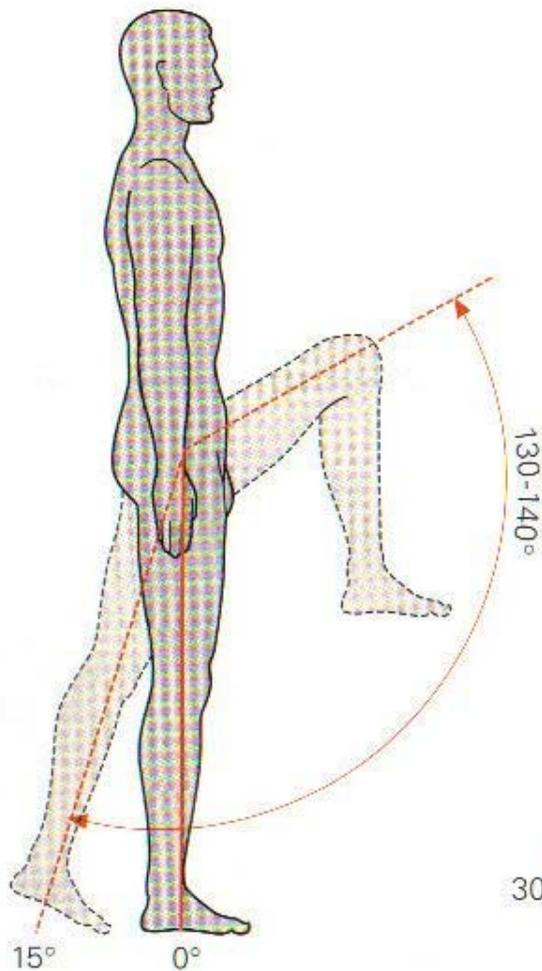


ENARTROSI

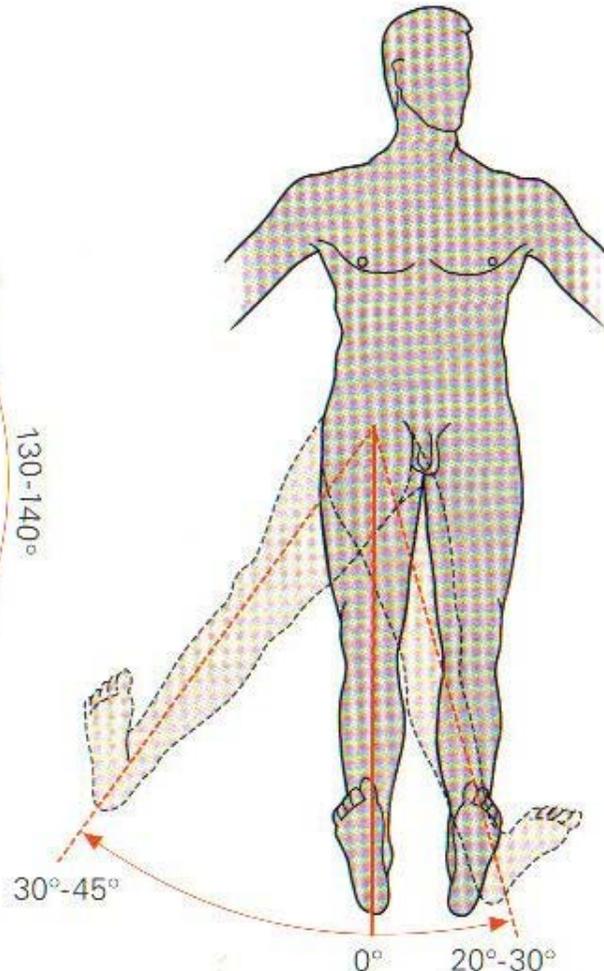
Articolazione coxo-femorale



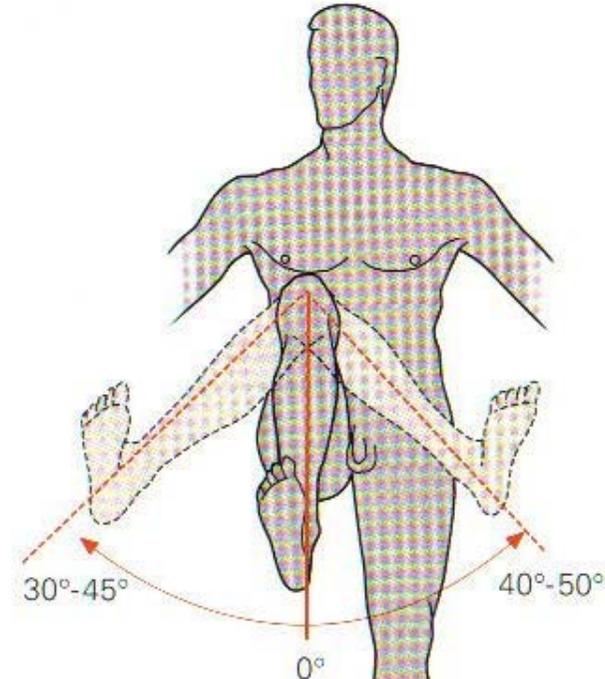
Mobilità



Flessione ed estensione

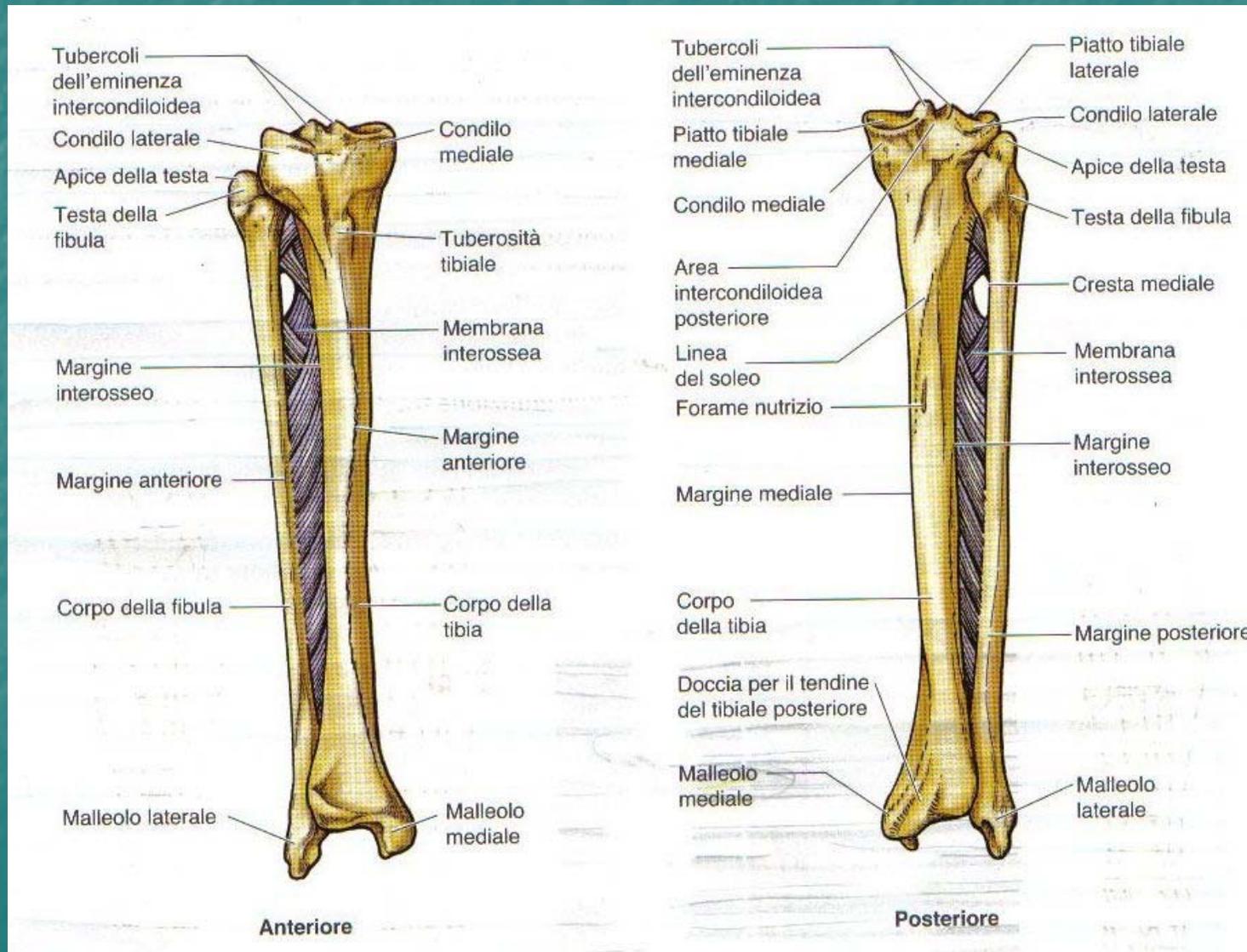


Abduzione e adduzione

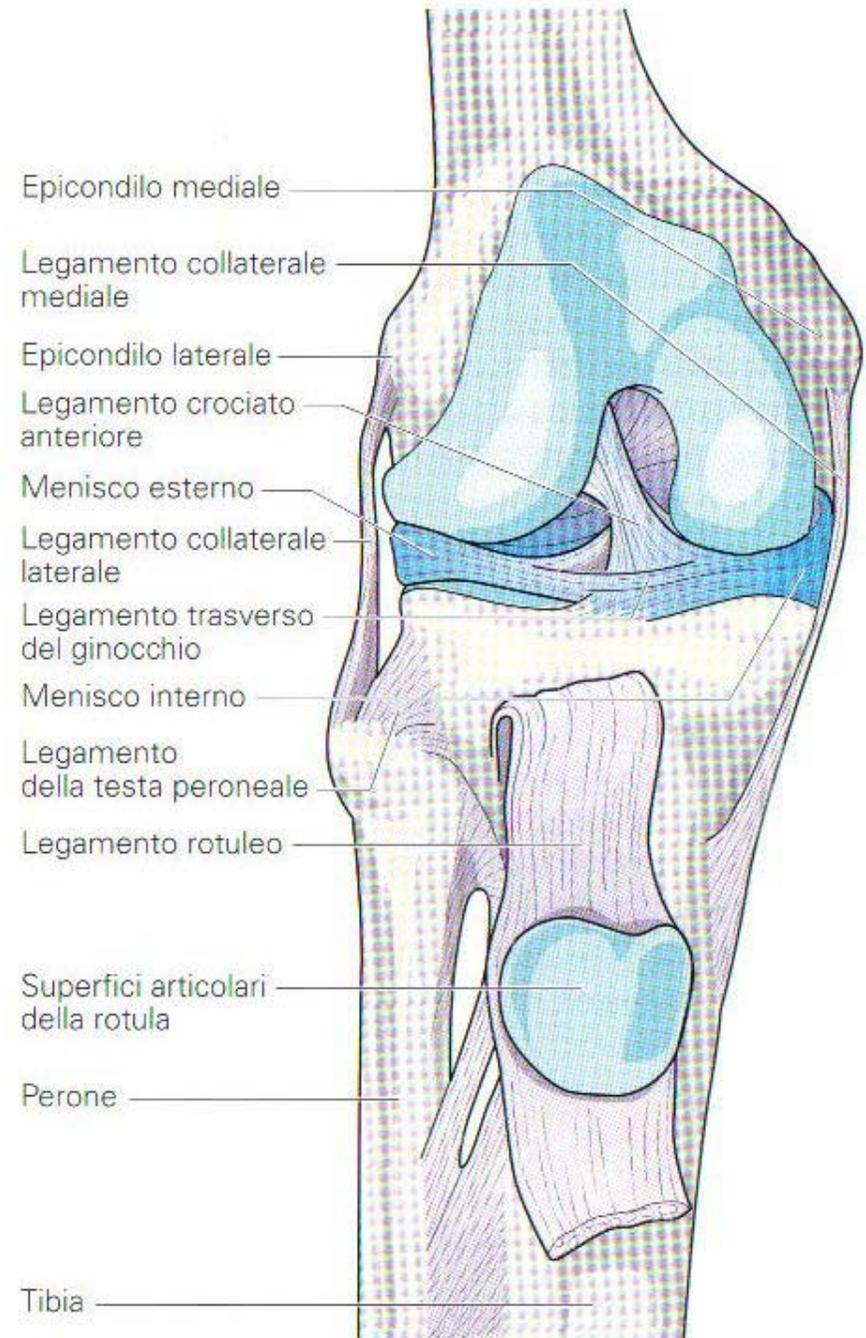
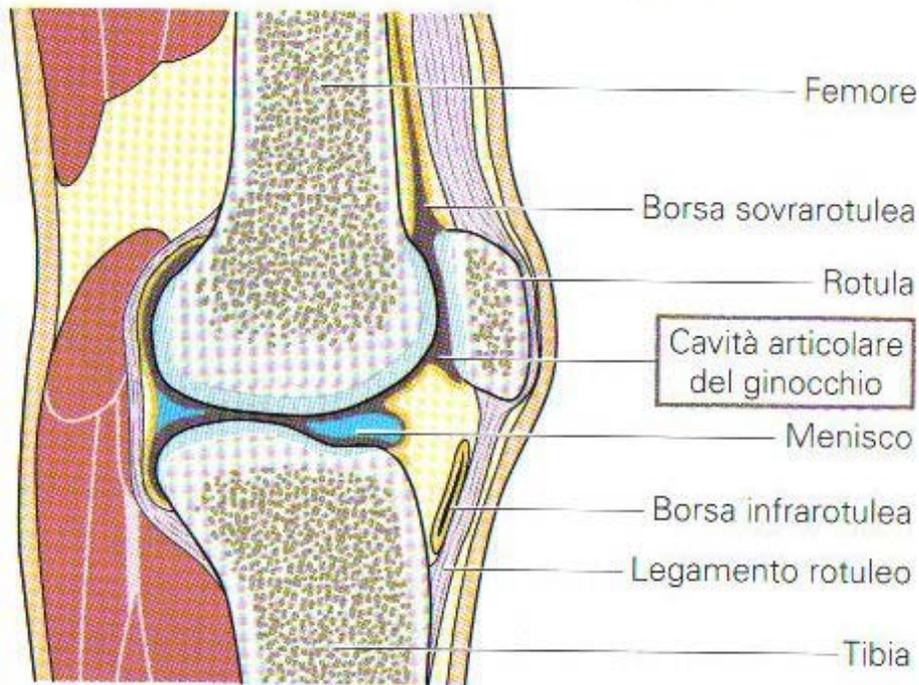


Rotazione

Tibia e perone

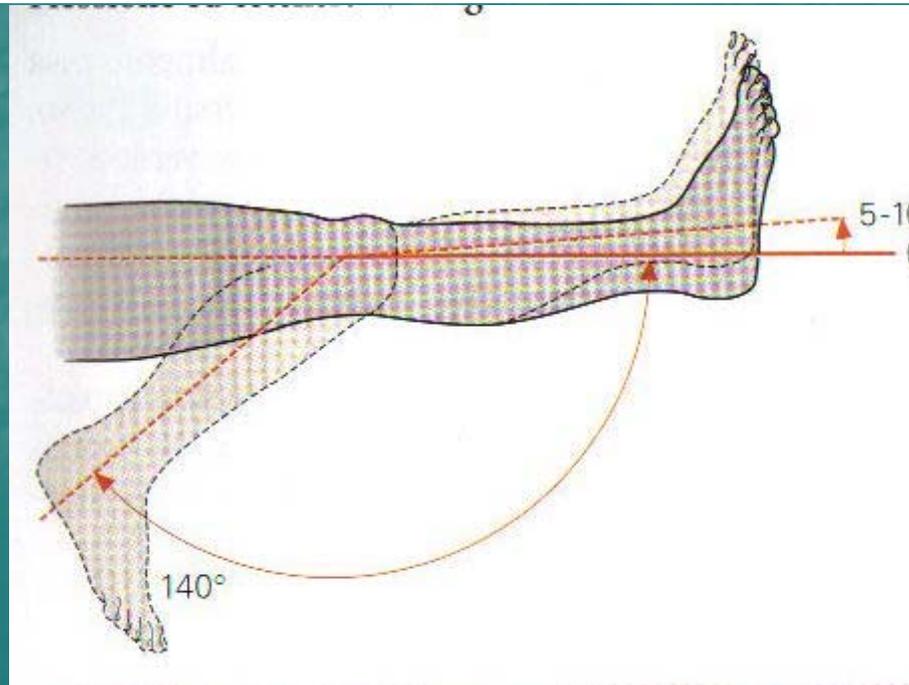
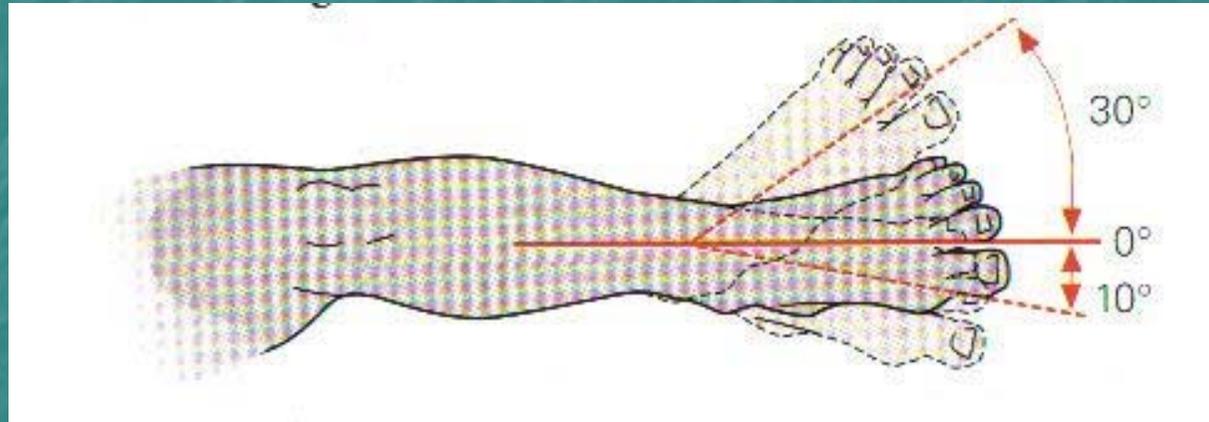


Ginocchio

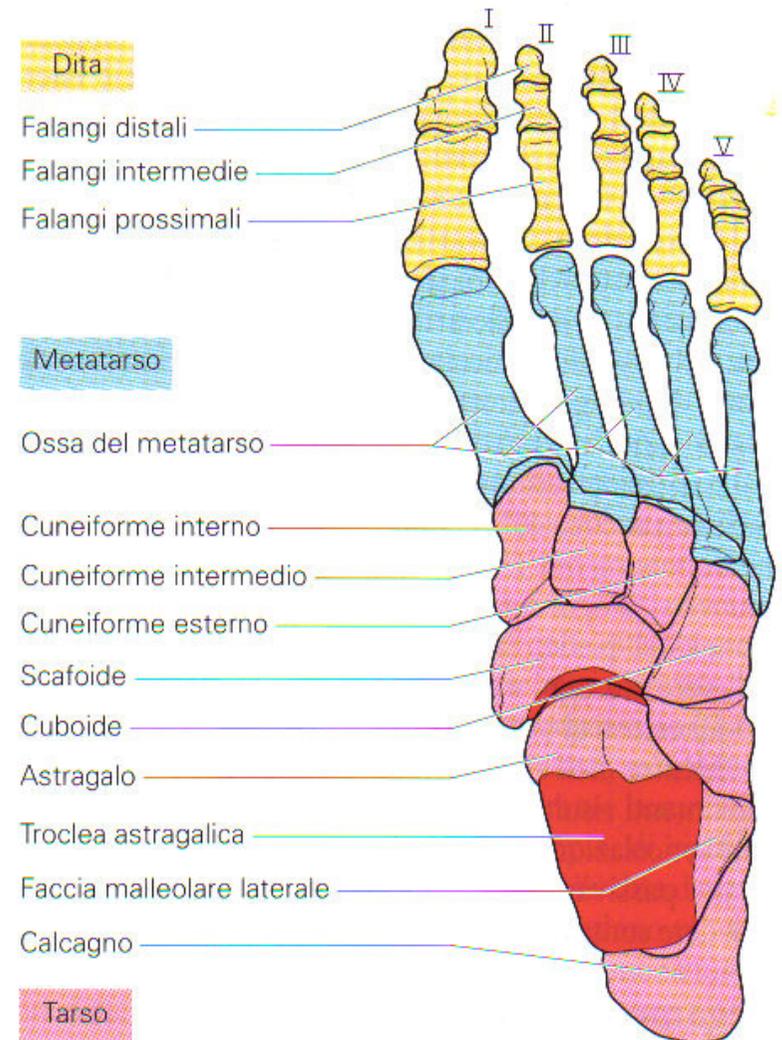
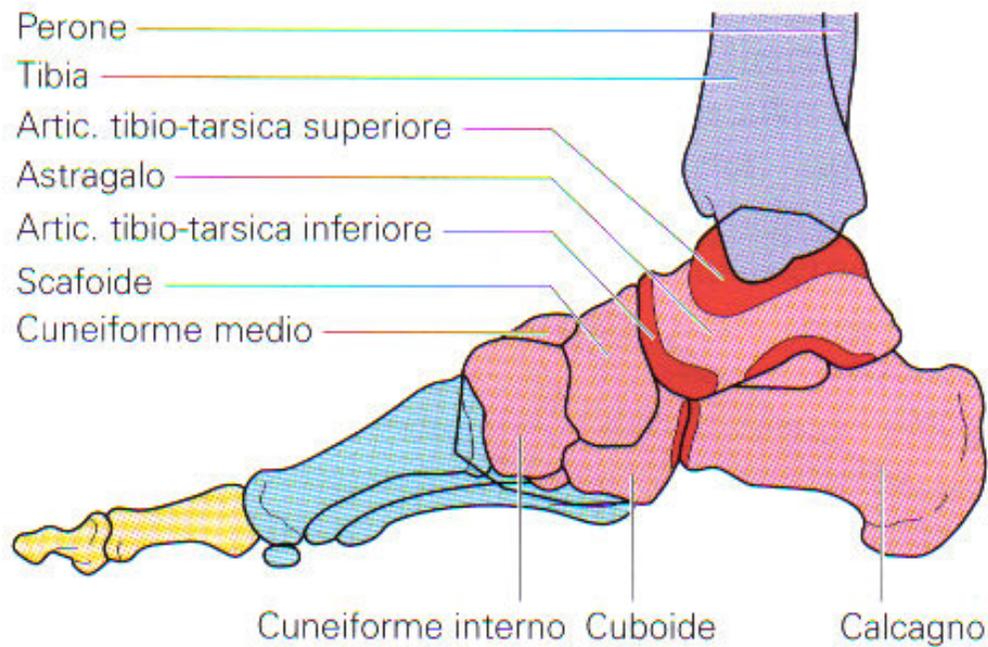


CONDILOARTROSI-ARTRODIA

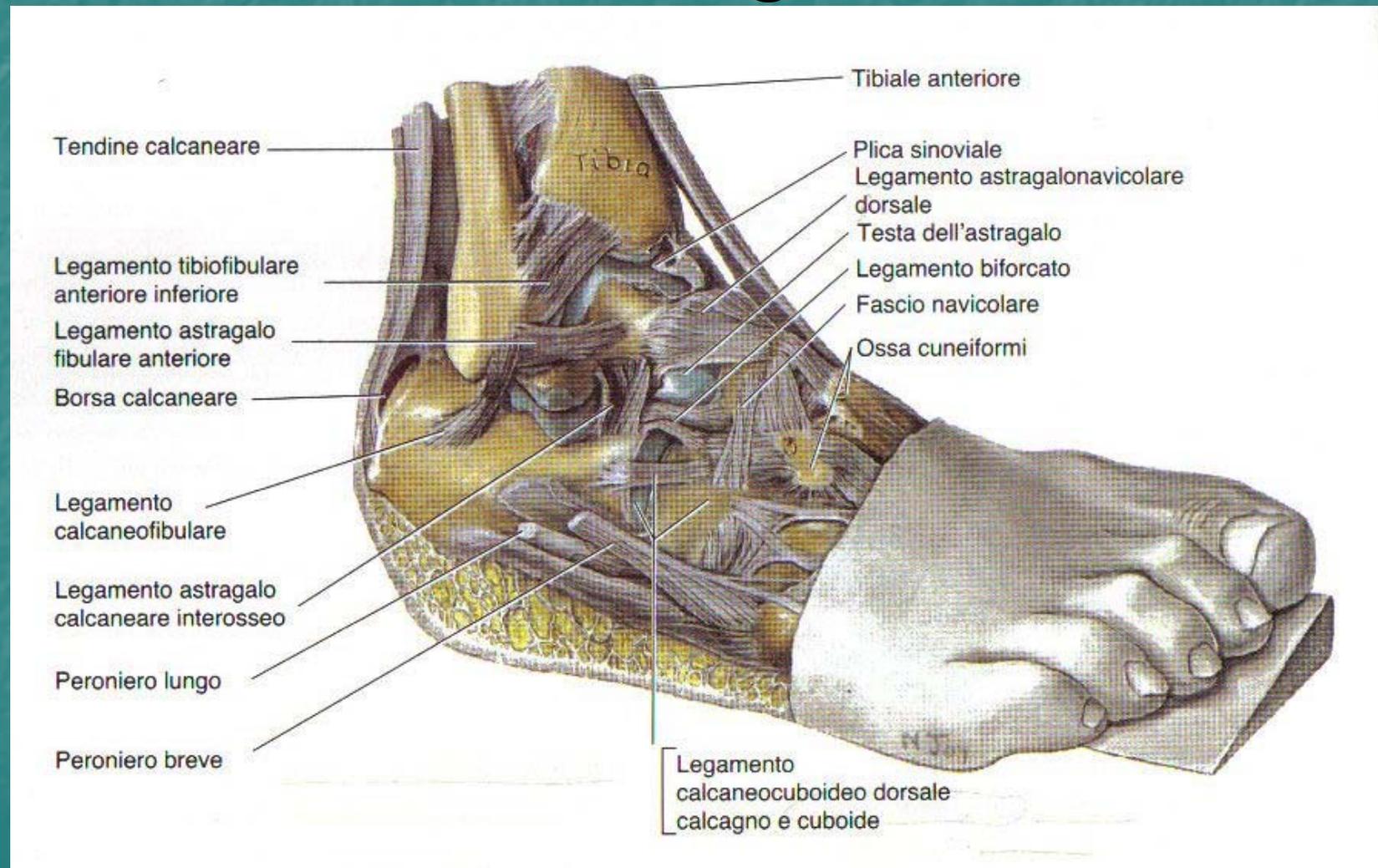
Mobilità



Piede

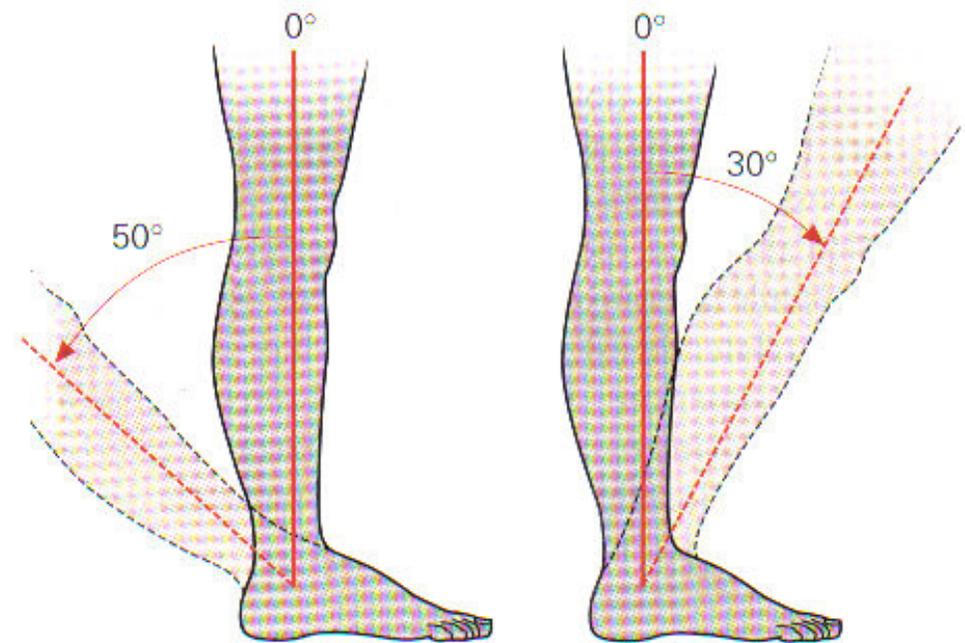
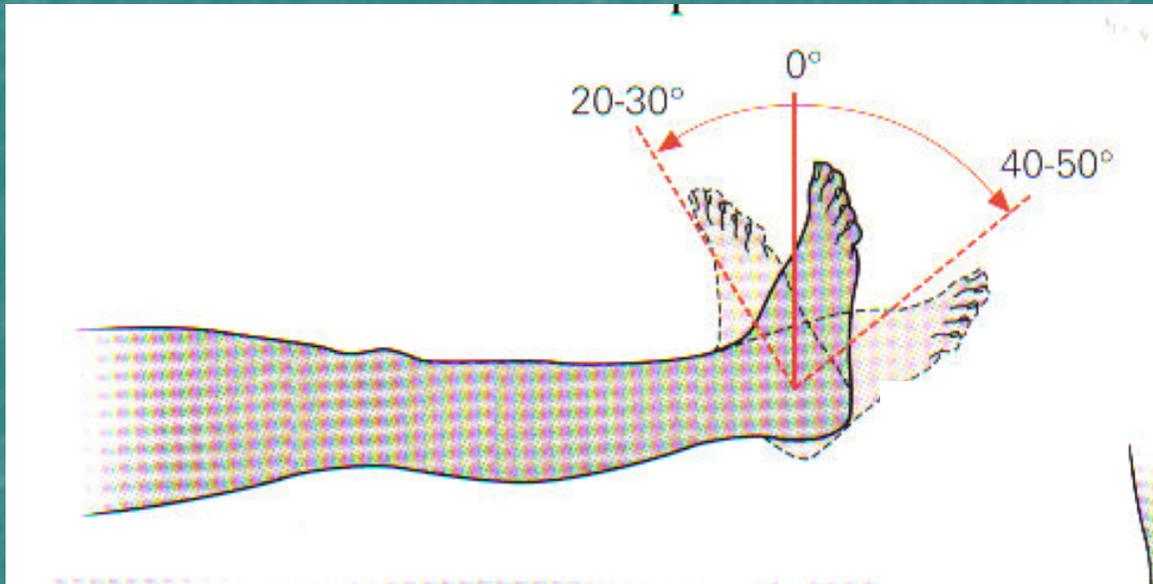


Caviglia

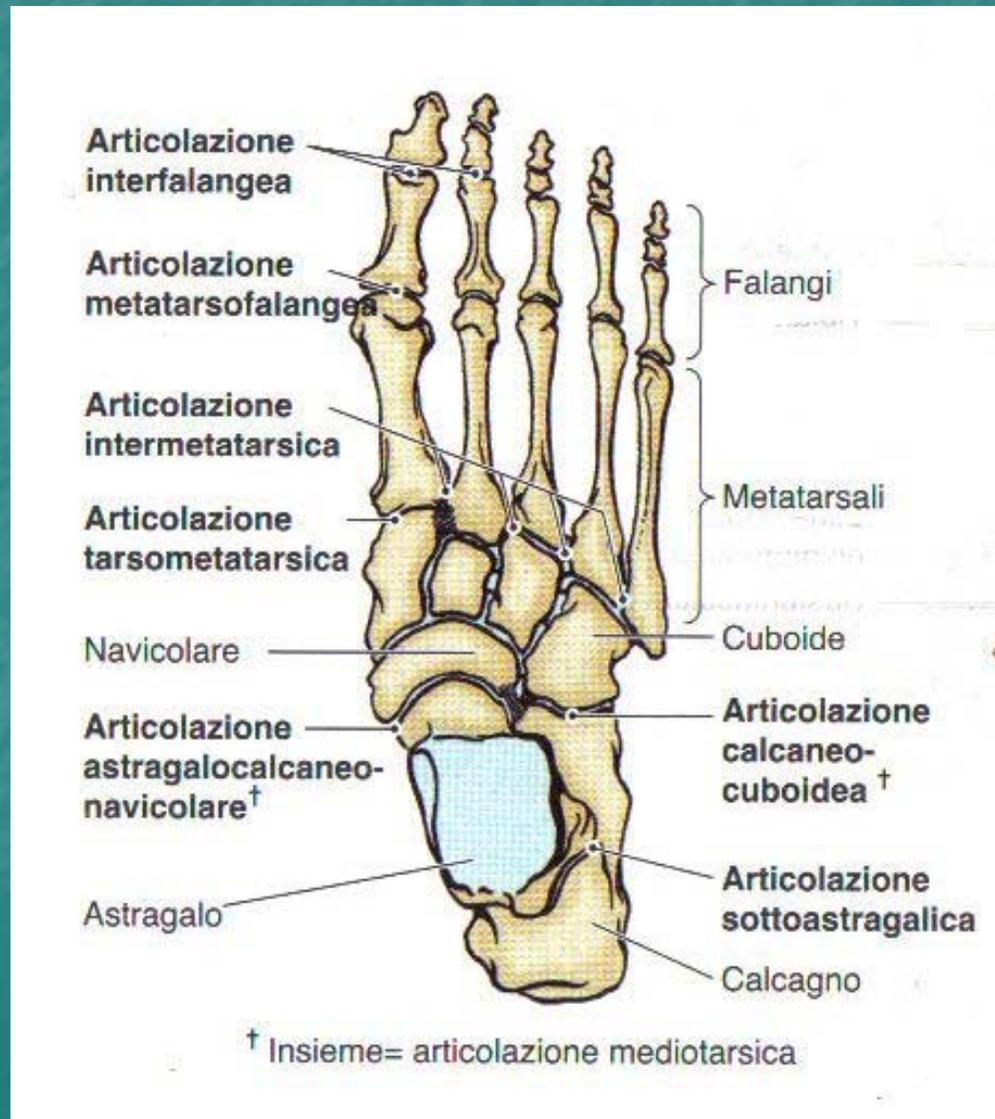


Tibiotrasica: ginglimo angolare

Mobilità della caviglia



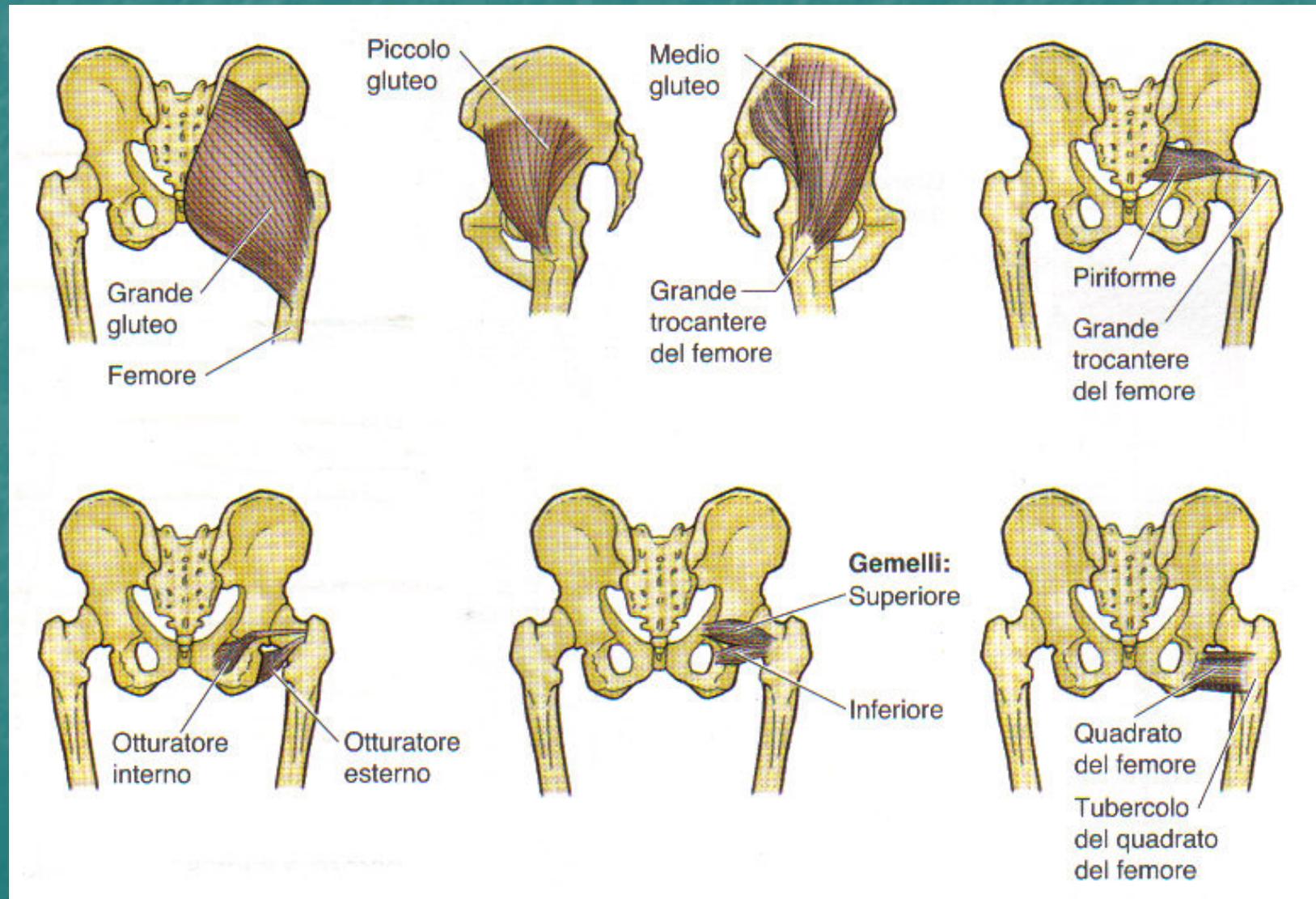
Articolazioni del piede



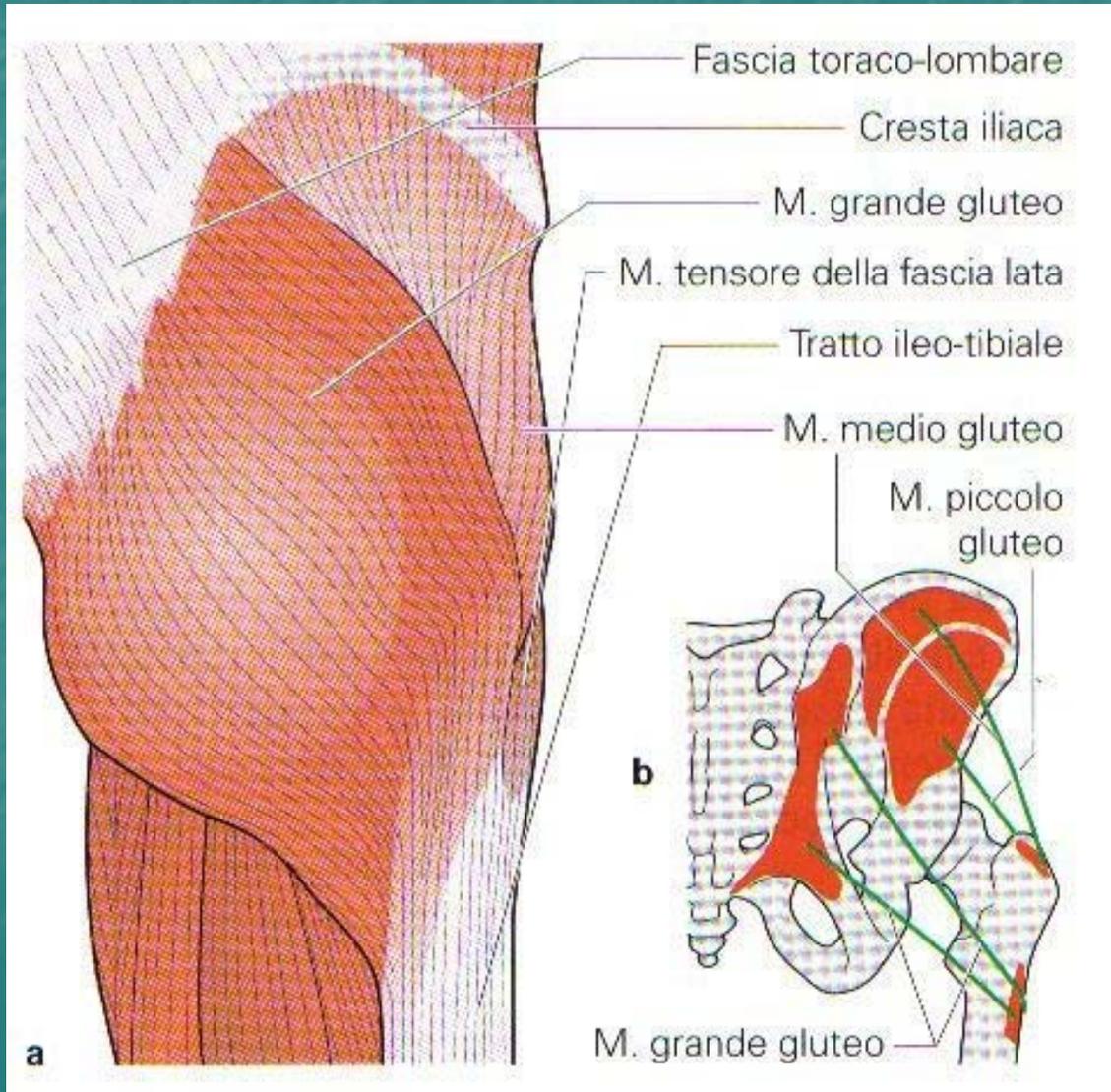
Muscoli dell'anca

- Esterni: grande-medio-piccolo gluteo, piriforme, gemelli sup e inf, otturatori est e int, quadrato del femore
- Interni: ileopsoas, piccolo psoas

Regione glutea



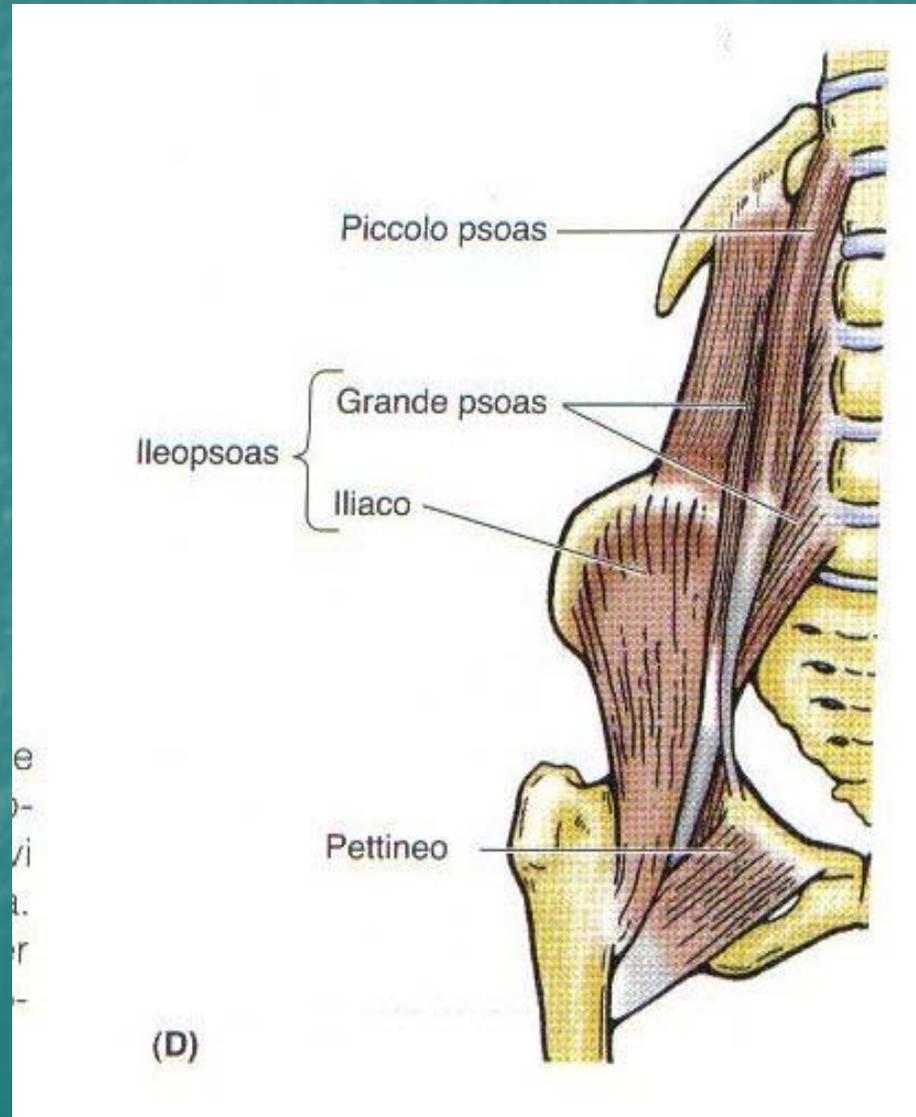
Azioni glutei



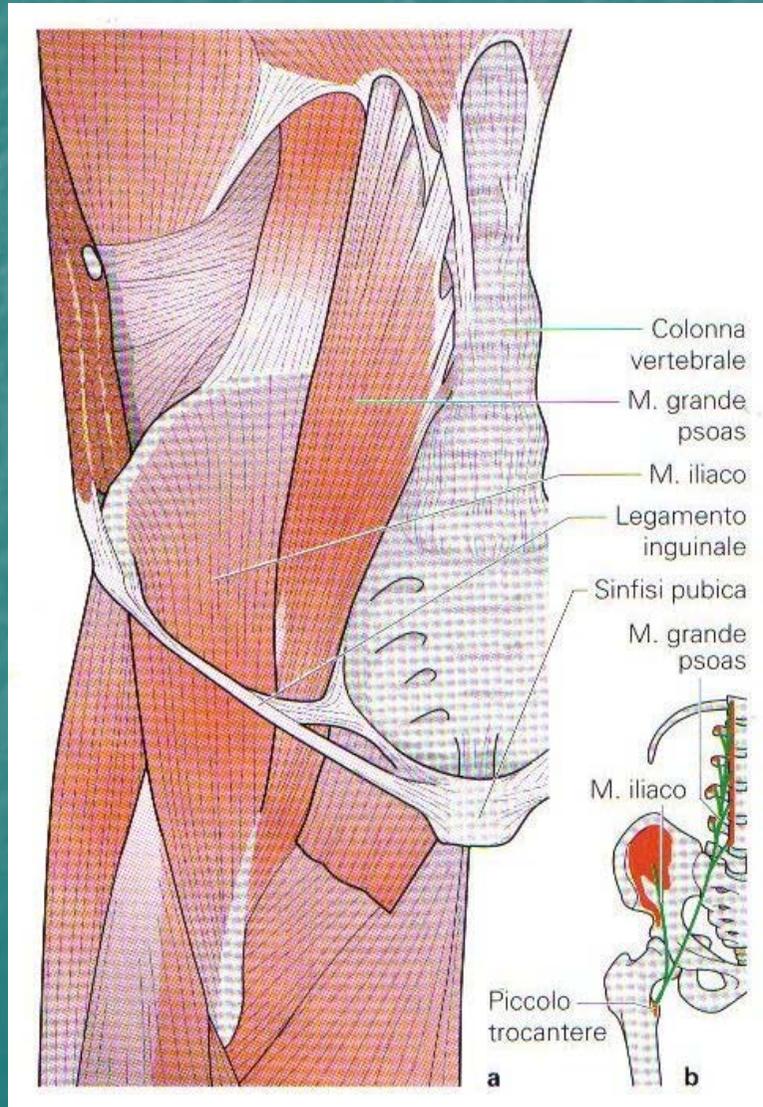
ANCA

- Estensione
- Abduzione
- rotazione

Muscoli anca interna



Muscoli anca interna

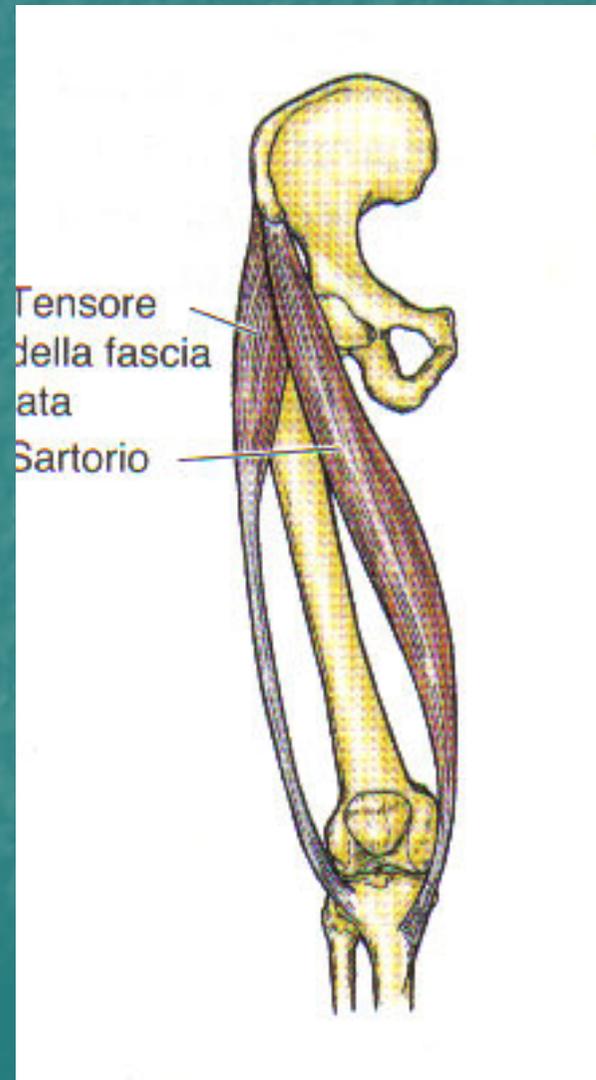


Flessione dell'anca

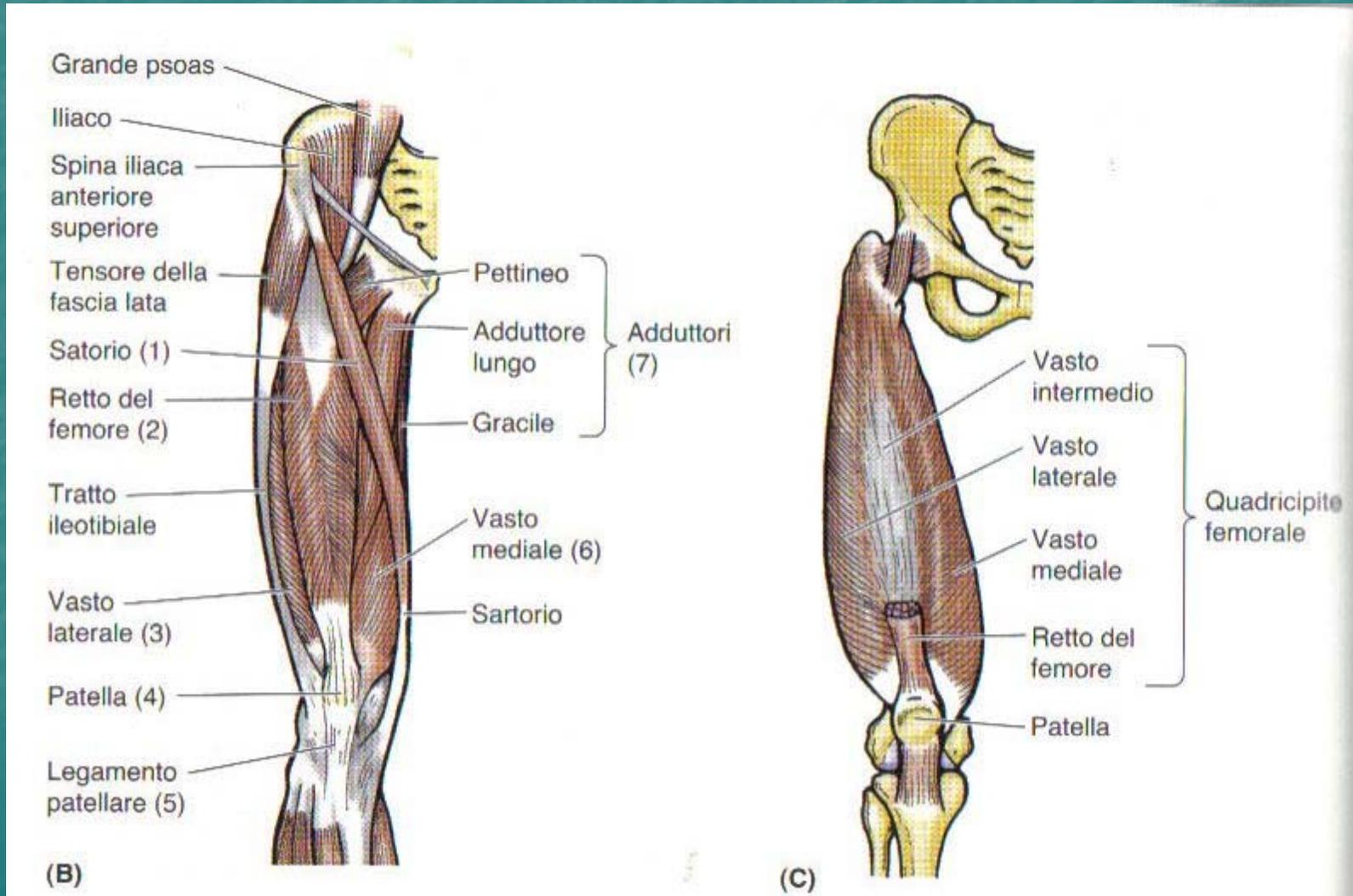
Muscoli della coscia

- Anteriori: tensore della fascia lata, sartorio, quadricipite
- Mediali: gracile, pettineo, adduttori (lungo, breve, grande)
- Posteriori: bicipite femorale, semitendinoso, semimembranoso

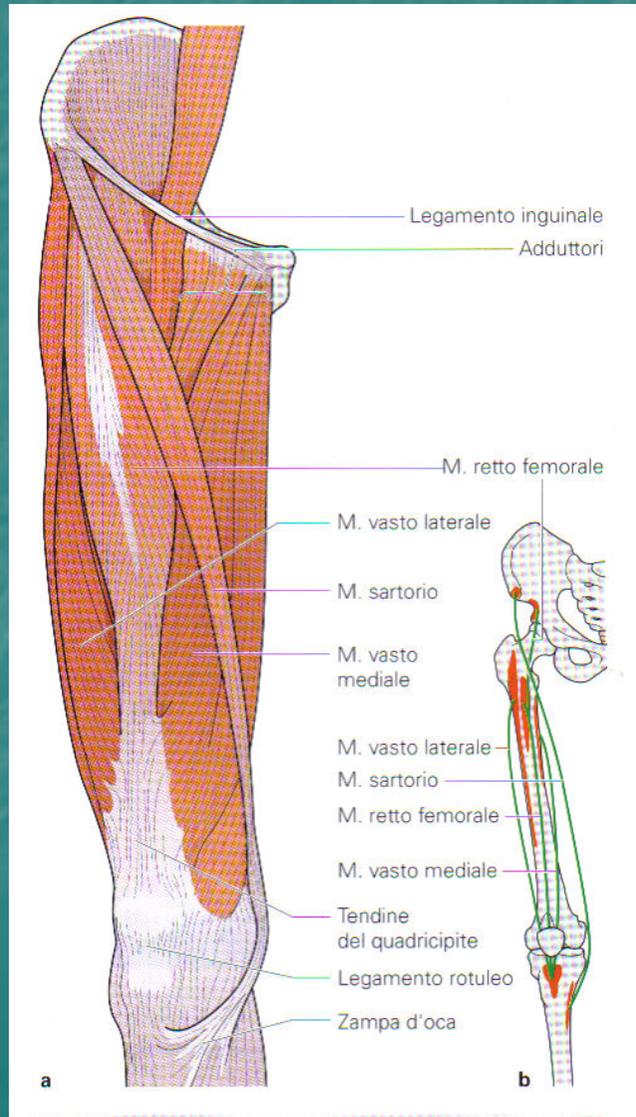
Muscoli anteriori della coscia



Quadricipite femorale

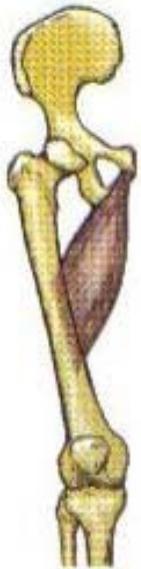


Quadricipite femorale



Estensione
Della gamba

Muscoli mediali coscia



Adduttore lungo



Adduttore breve



Adduttore grande

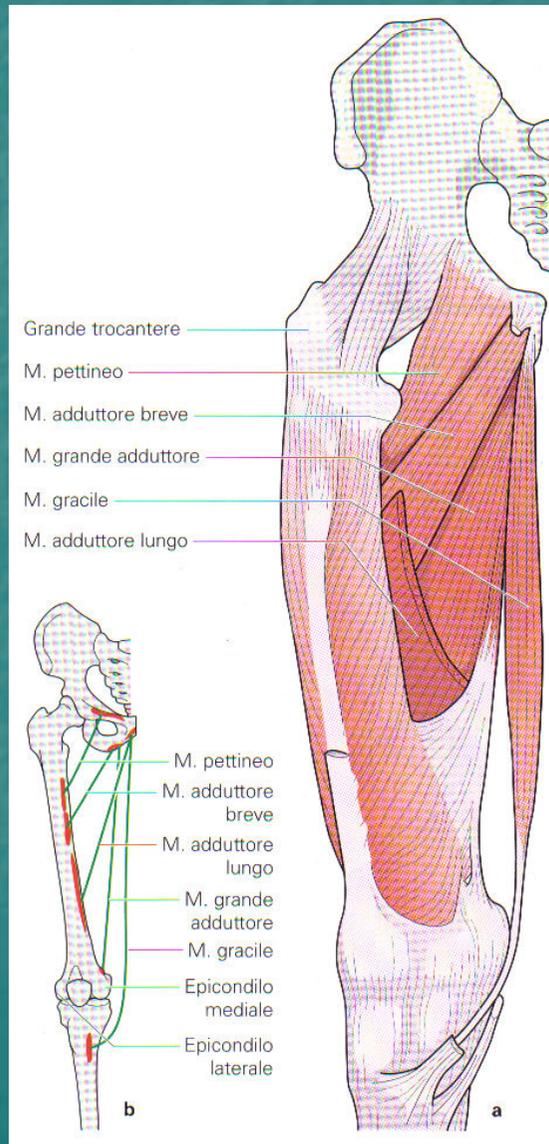


Gracile



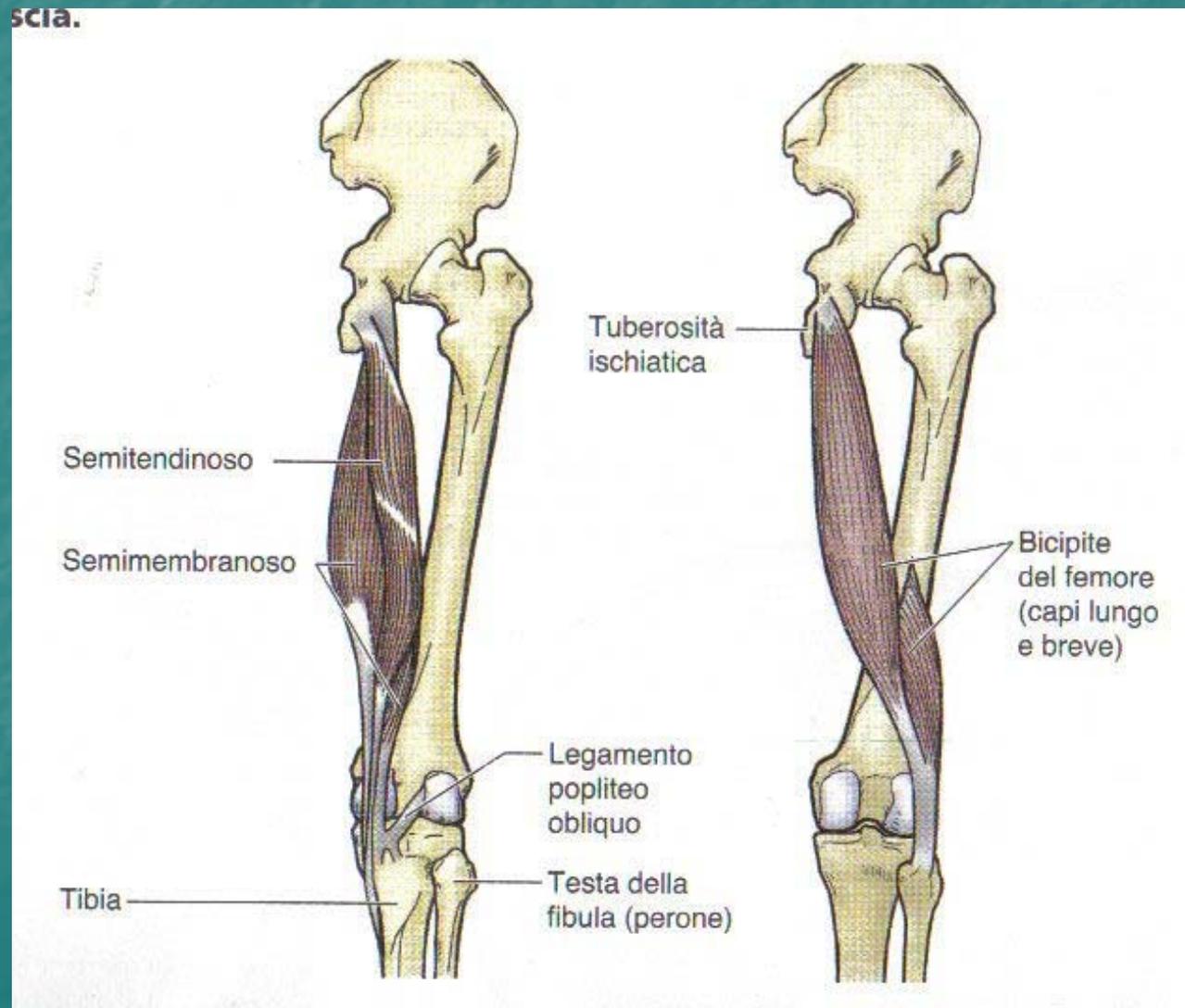
Otturatore esterno

Muscoli mediali coscia

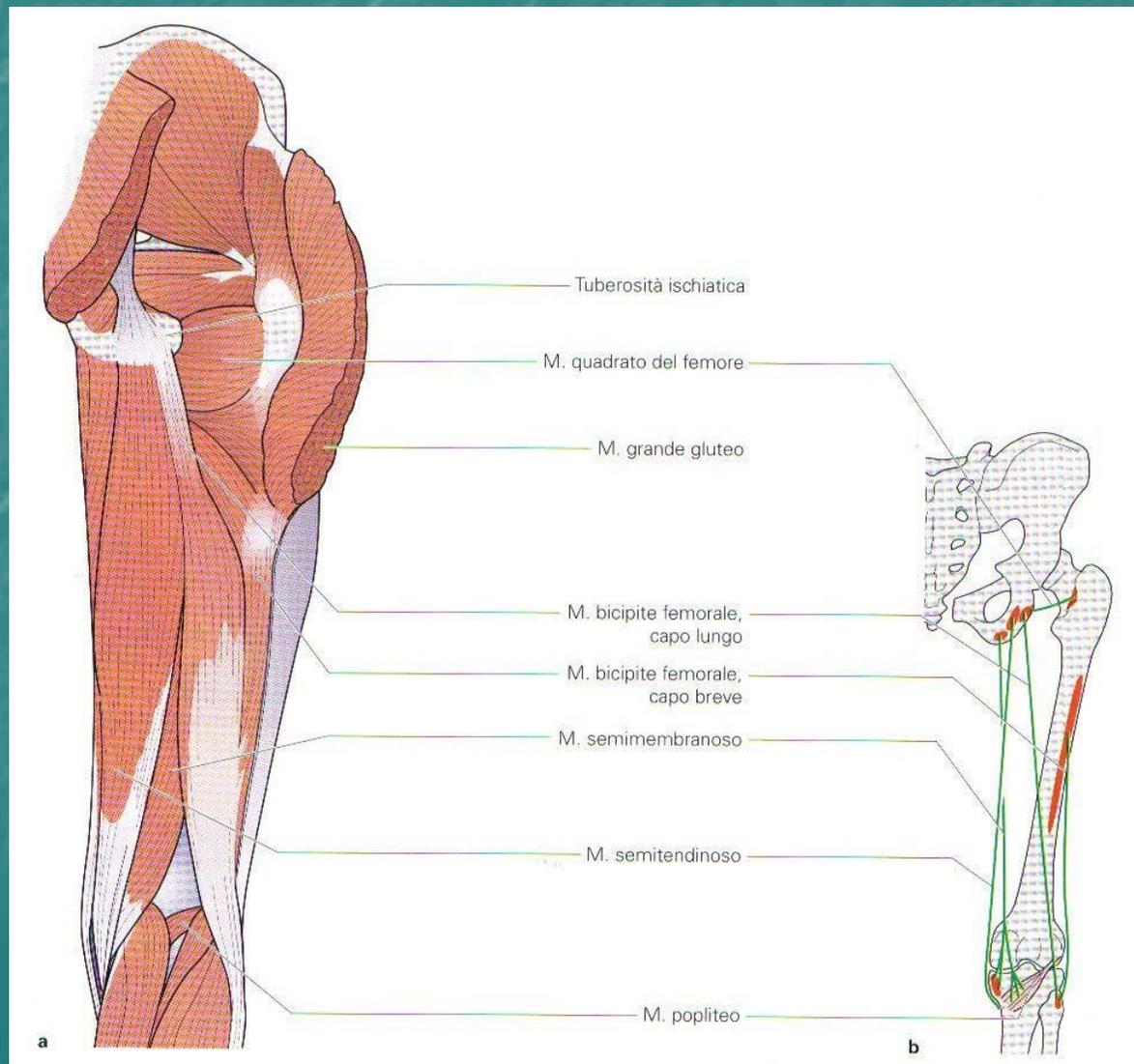


Adduzione
anca

Muscoli posteriori della coscia



Muscoli posteriori della coscia

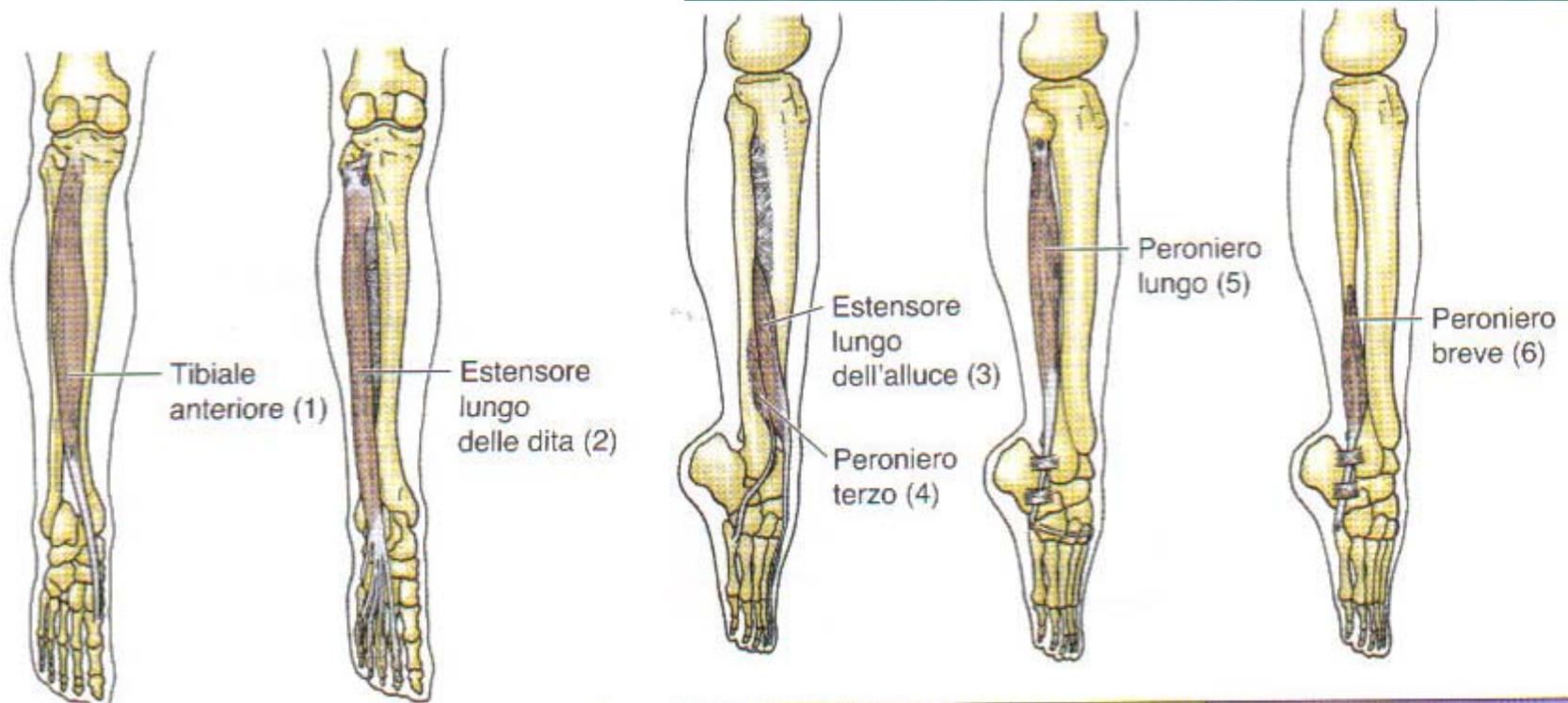


FLESSIONE GAMBA

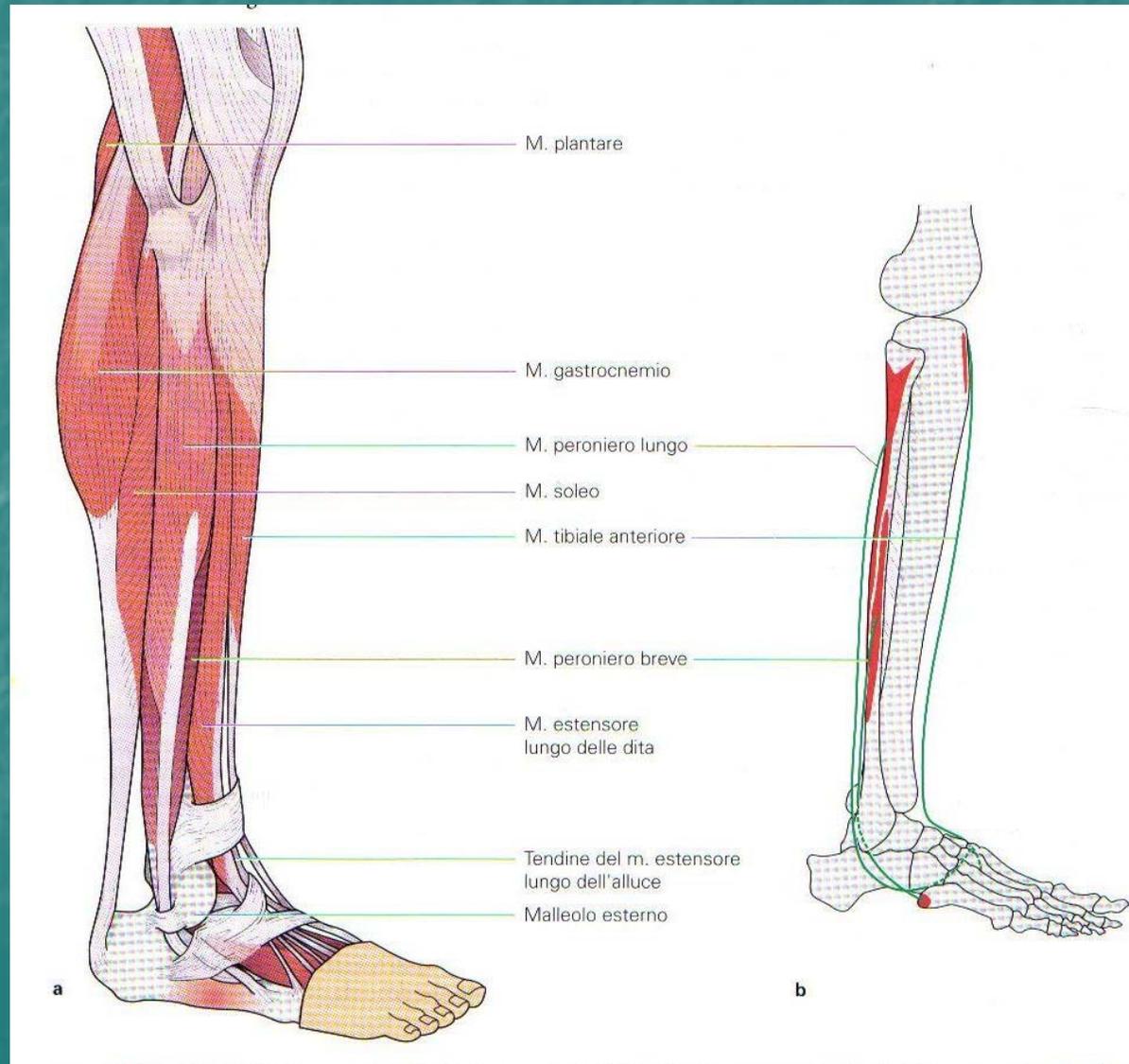
Muscoli della gamba

- Anteriori: tibiale anteriore, estensore lungo delle dita, estensore lungo dell'alluce, peroniero anteriore
- Laterali: peroniero lungo e breve
- Posteriori: tricipite della sura (gastrocnemio+soleo), plantare, popliteo, lessore lungo delle dita, flessore lungo dell'alluce, tibiale posteriore

Muscoli anteriori e laterali della gamba

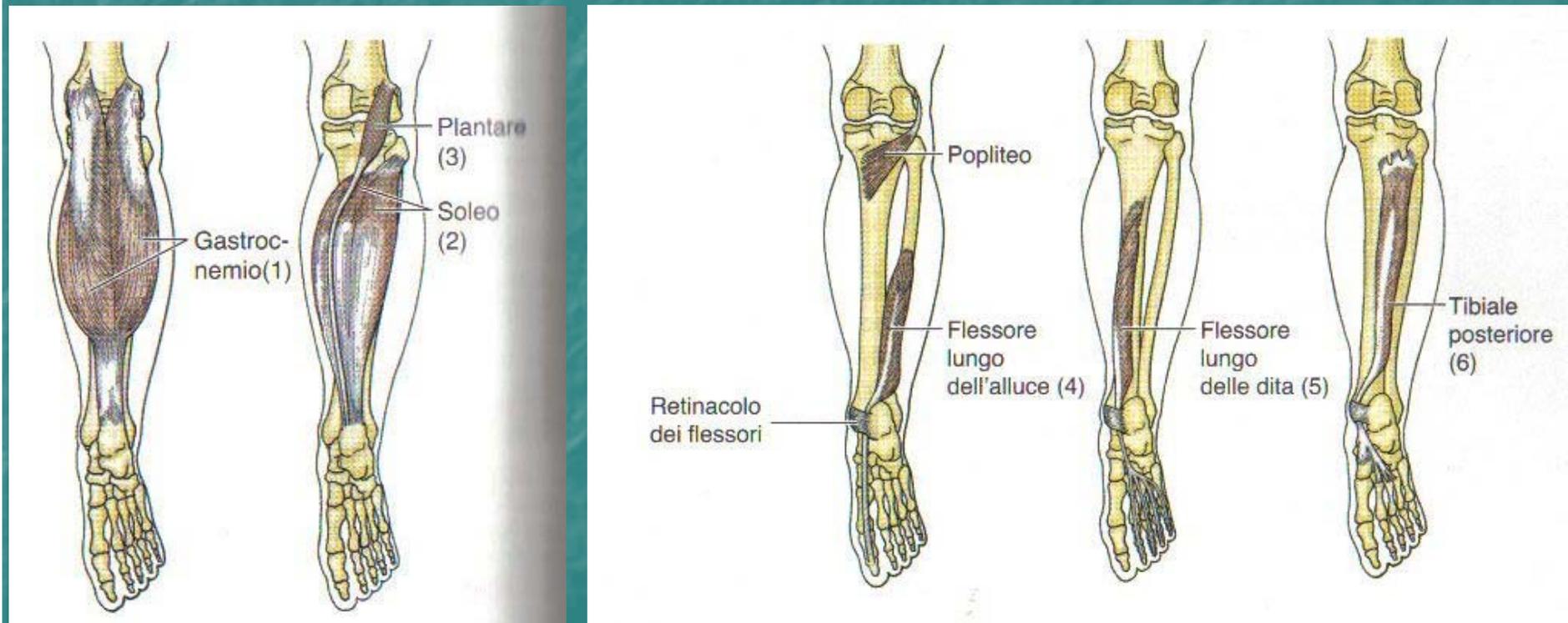


Muscoli anteriori e laterali della gamba

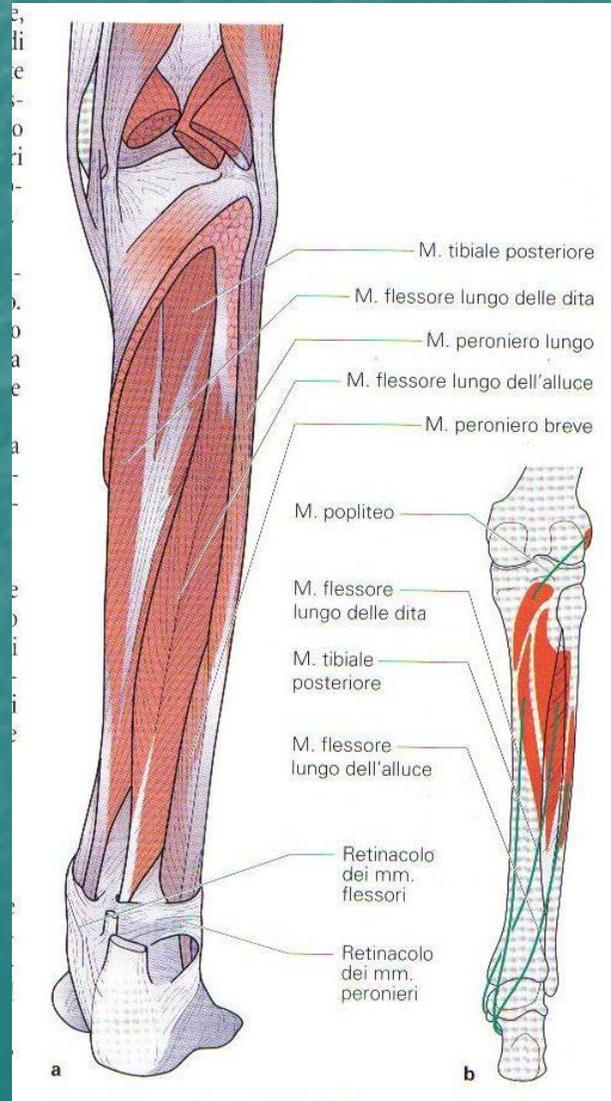


Flessione dorsale piede,
estensione gamba

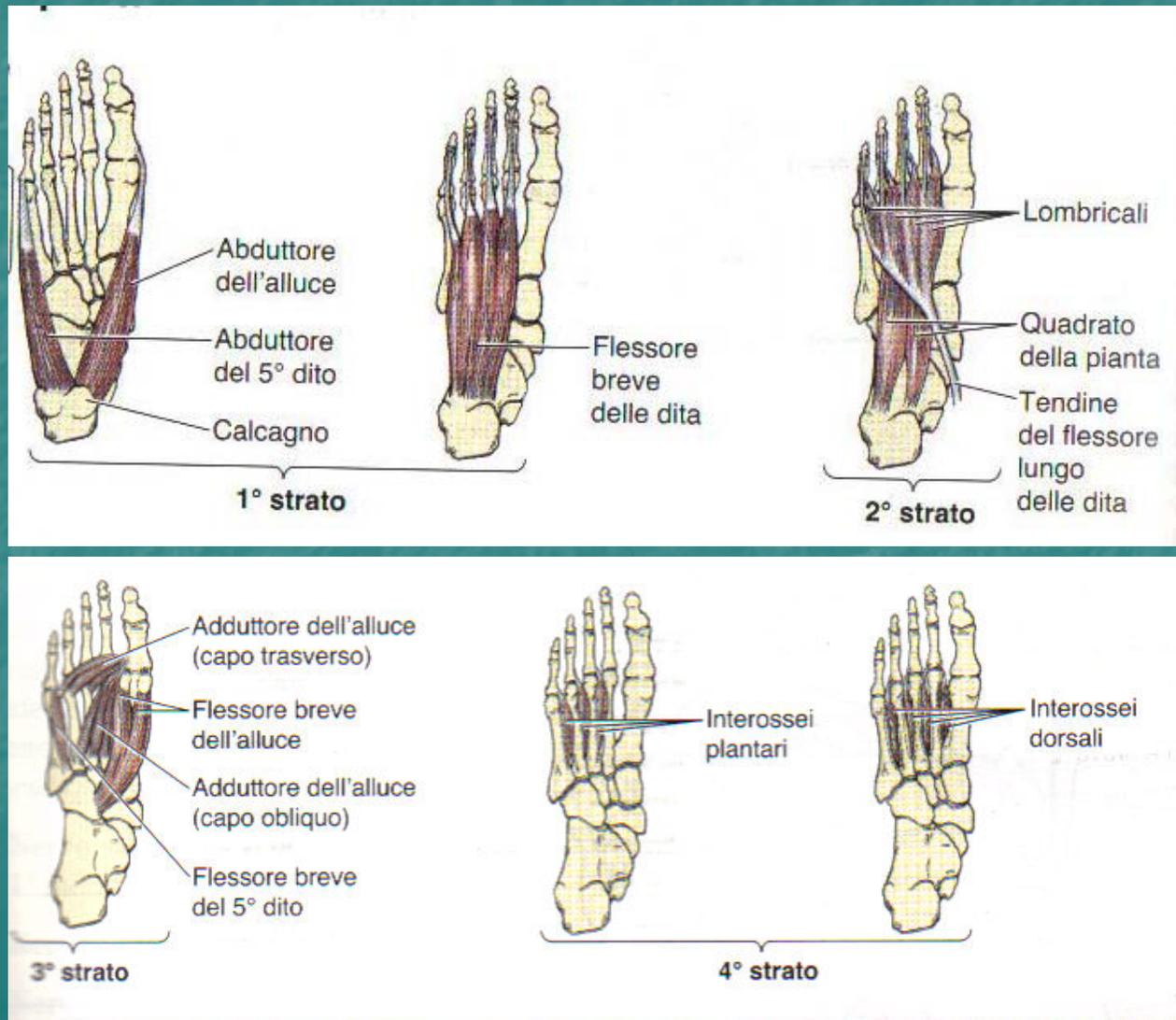
Muscoli posteriori della gamba



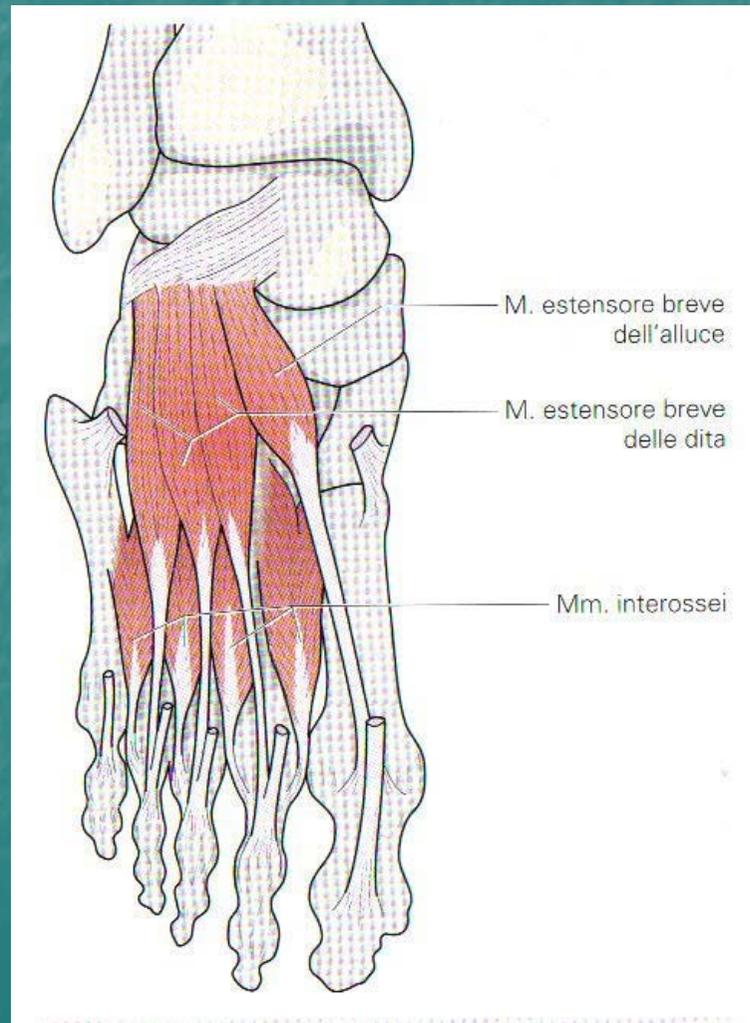
Muscoli posteriori della gamba



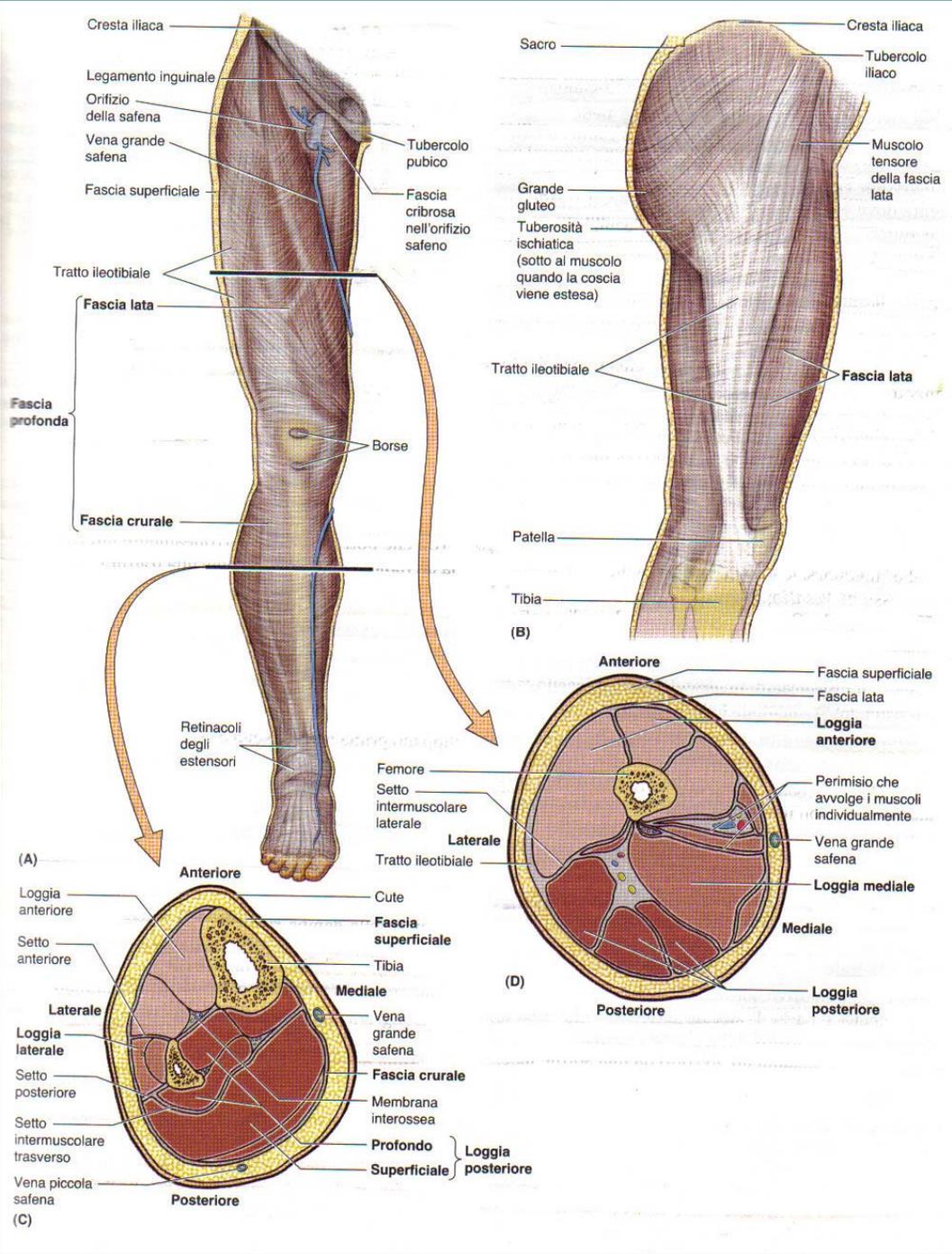
Muscoli della pianta del piede



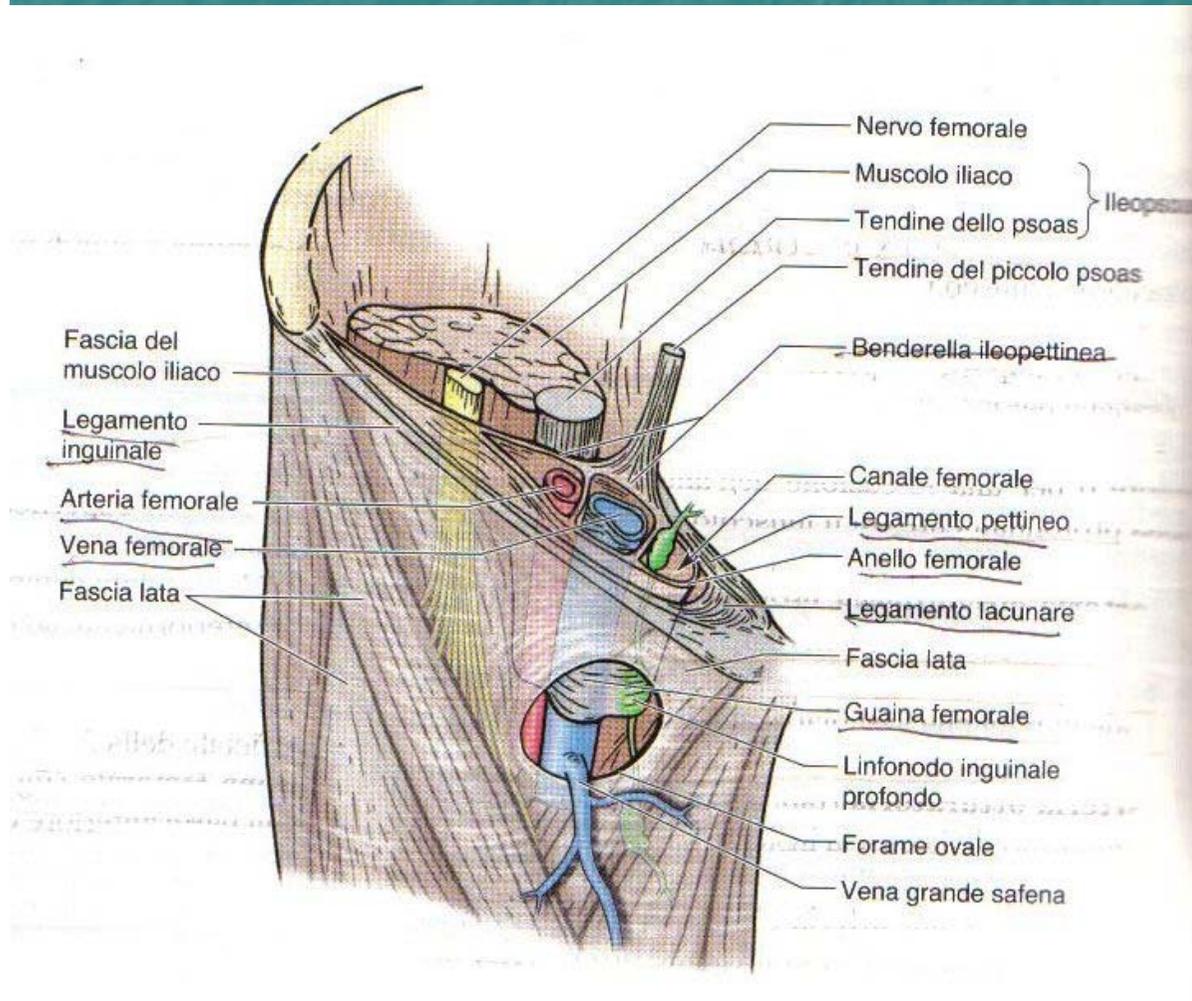
Muscoli del dorso del piede



Fasce

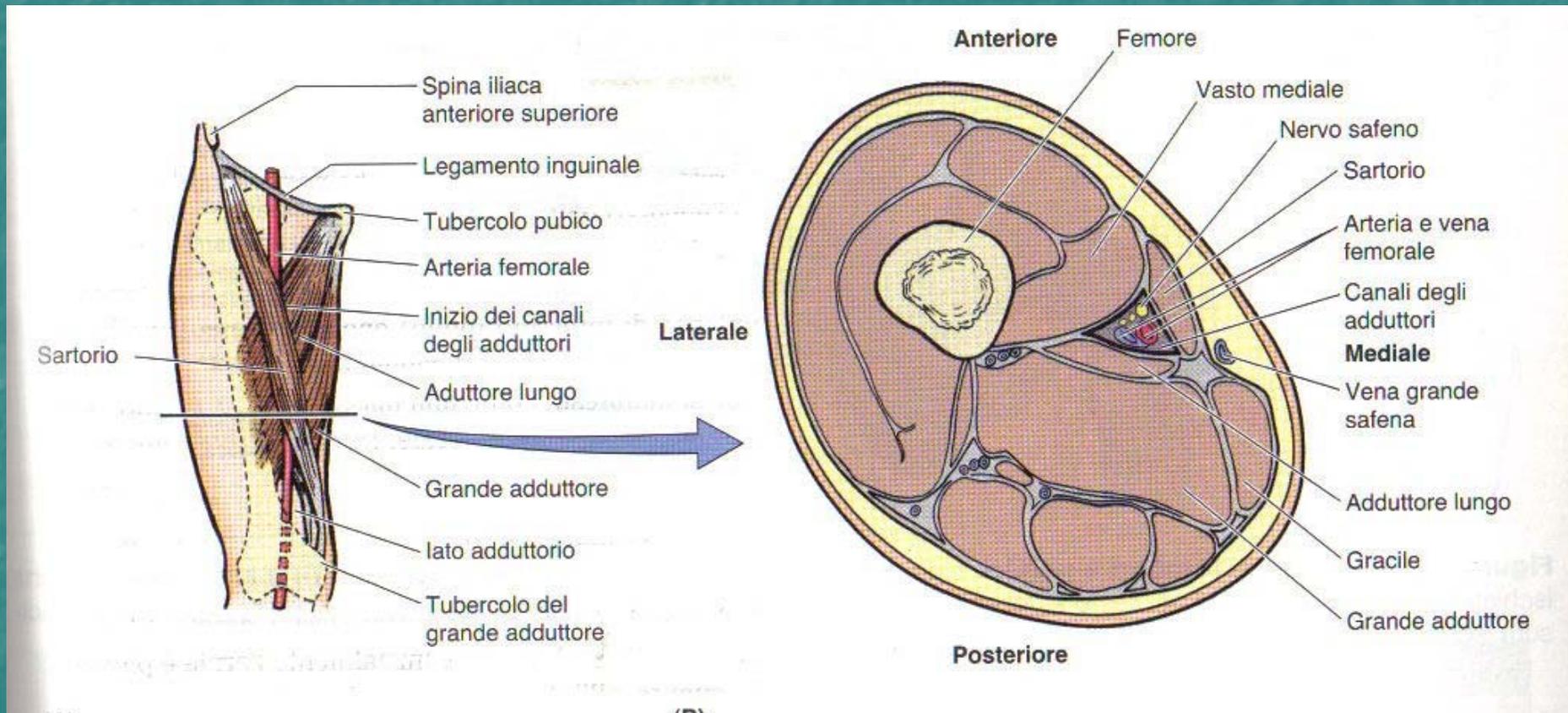


Guaina femorale



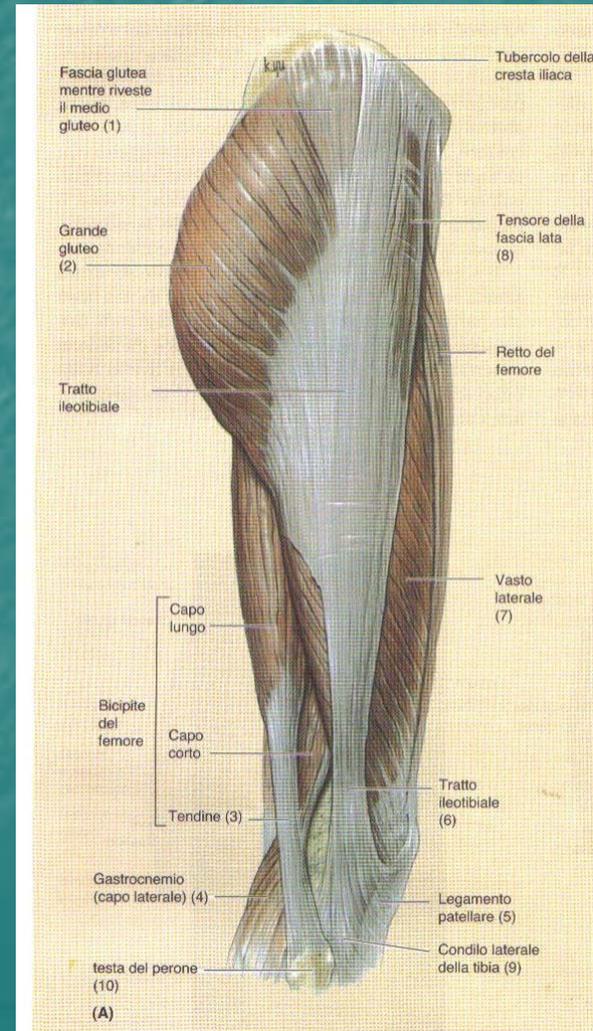
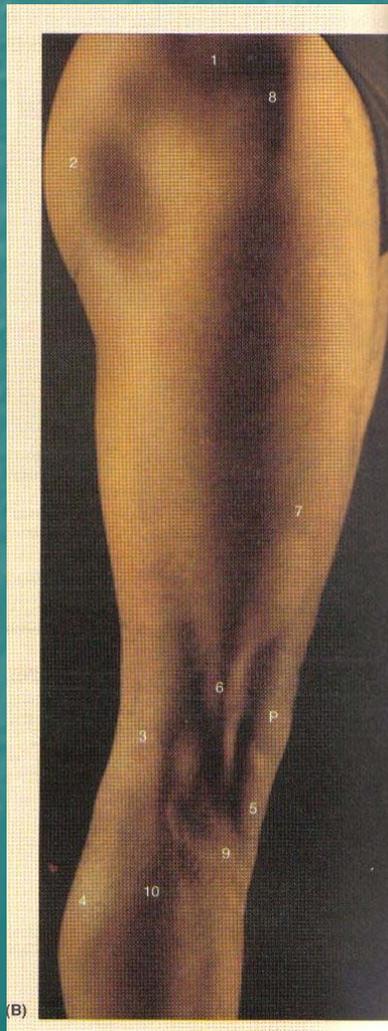
- Compartimento lat-med-intermedio
- Triangolo di scarpa:
 - leg. inguinale
 - sartorio
 - adduttore lungo

Canale degli adduttori

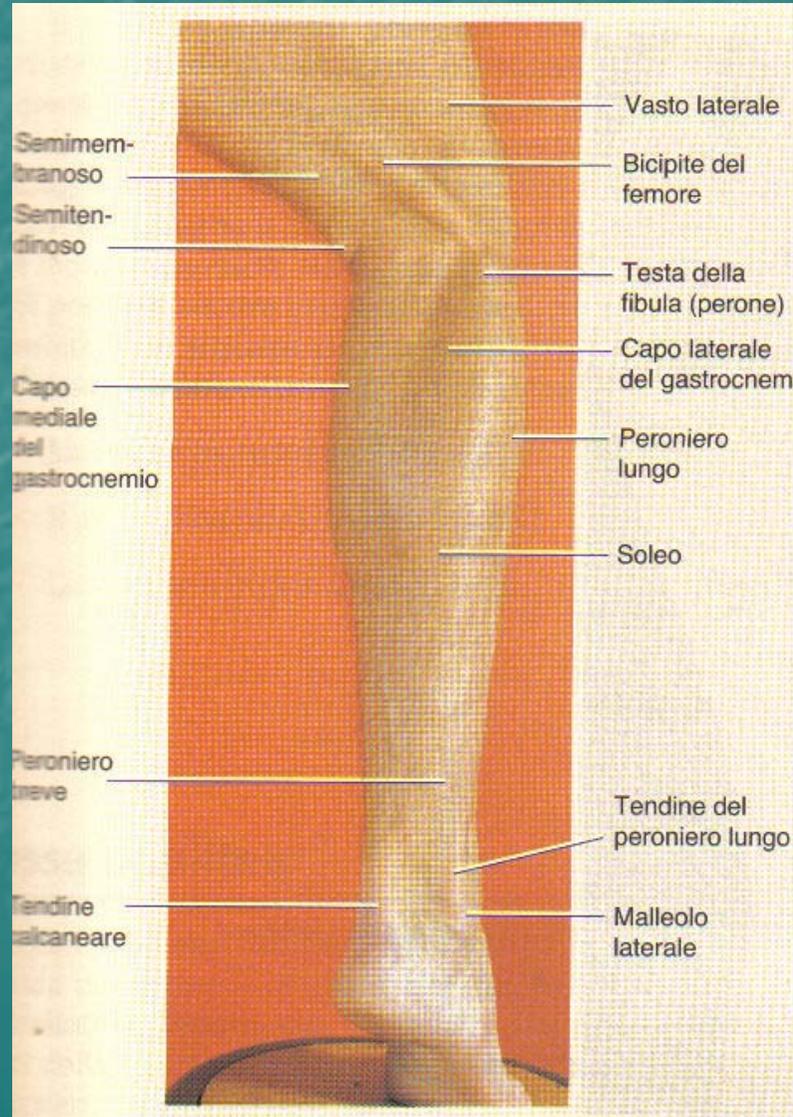


Contiene arteria e vena femorale, nervo safeno

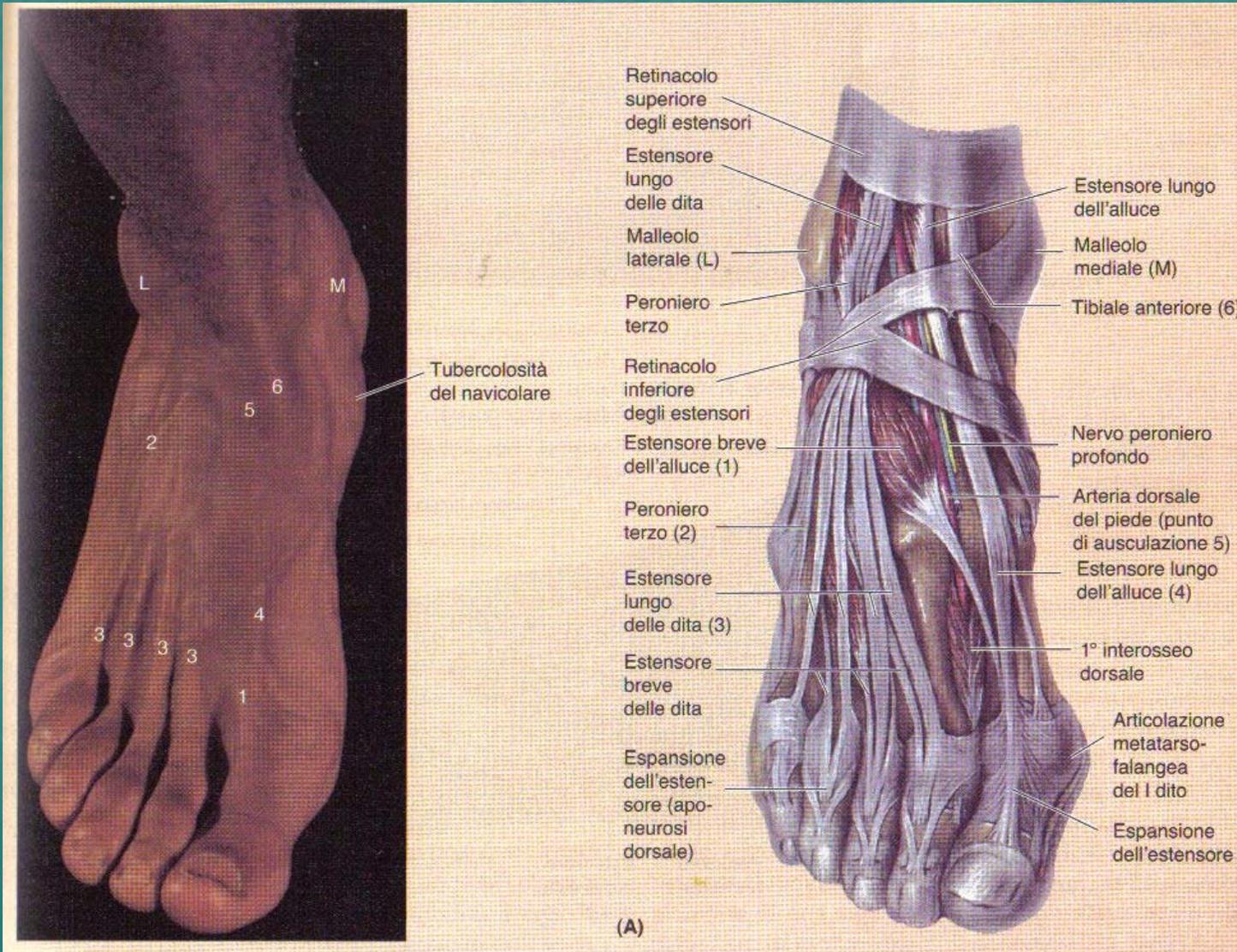
Anatomia superficiale coscia



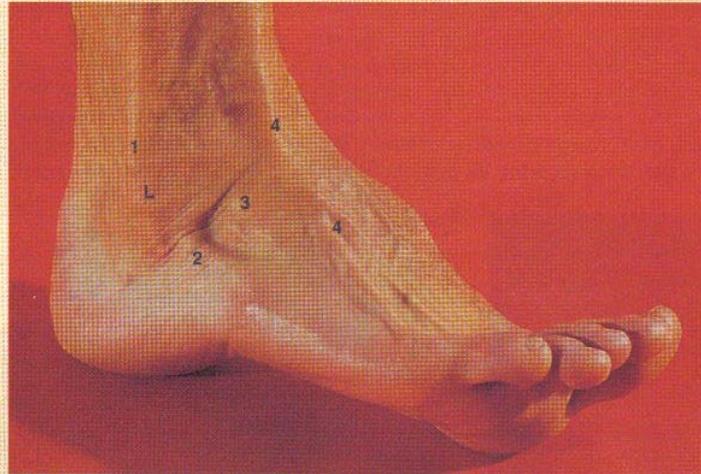
Anatomia superficiale gamba



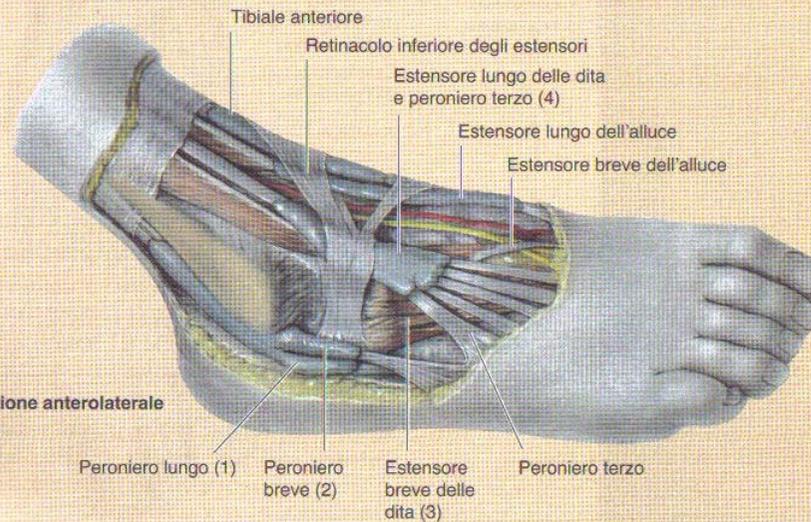
Anatomia superficiale del piede



Anatomia superficiale del piede



Proiezione laterale



Proiezione anterolaterale

(C)